Academic Support

Academic support services are available to all medical students through the Office of Student Affairs and through the individual campuses to help students understand their strengths and improve skills for academic success. Faculty and campus deans are available for academic assistance for individual courses and clerkships. The Office of Student Affairs offers presentations, workshops, and resources to help students develop optimal time management, study, and test preparation skills.

**Strategies for Success**
- Active Reading Strategies
- Advice from Former Year 1 Students
- Concept Mapping
- Critical Thinking
- Effective Learning Techniques
- Five Day Study Plan
- Learning Styles
- Managing Test Anxiety
- MCQ Test Taking Strategies
- Study Group Strategies
- Test Preparation
- Time Management
- USMLE Step 1 Information
- Sample Step 1 Study Plan

**Academic Success Program (ASP)**
ASP is a support program implemented by the Office of Education Resources and the Office of Student Affairs designed to provide select students with the skills to succeed in the medical curriculum. Students are placed into the program and mandated to participate in additional learning activities based on their performance on exams in Block 1.

**Harley E. French Library of the Health Sciences**
The Health Sciences Library offers access to journals, books, exam banks, research guides, and other resources on-site or online at [http://undmedlibrary.org/](http://undmedlibrary.org/). For a guide designed to help Year 1 Medical Students find resources to help prepare learning objectives, see [https://libguides.und.edu/medical-students](https://libguides.und.edu/medical-students).

**Events**
Learn about effective study strategies at events sponsored by the Office of Student Affairs. Check for dates of upcoming events on the Student Affairs and Admissions website: [http://www.med.und.edu/student-affairs-admissions/index.cfm](http://www.med.und.edu/student-affairs-admissions/index.cfm).

**Schedule an Appointment**
For individualized conversations to identify issues impacting learning and develop effective learning and study strategies, set up an appointment with your campus dean or with Dr. LaPierre,
Director of Student Advisement and Admissions, by contacting the Student Affairs Office: 701-777-4221.