

DATABASE SPOTLIGHT

YOUTH RISK BEHAVIOR SURVEILLANCE SYSTEM

<https://www.cdc.gov/healthyyouth/data/yrbs/index.htm>

Youth Risk Behavior Surveillance System (YRBSS):

Surveys, administered every other year, that track behaviors that can lead to poor health in students grades 9-12. YRBSS results help monitor adolescent health behavior changes over time, identifying emerging issues, and plan and evaluate programs to support the health of youth.

Health-Related Behaviors monitored:

- Student Demographics
- Sexual Behavior
- Mental Health
- Substance Use Behaviors
- Student Experiences

Access the 2021 Results using this link:

<https://nccd.cdc.gov/Youthonline/App/Results.aspx>

1. Choose all questions, or specific questions, a specific location and year

CHOOSE TABLE CONTENT

Question:	Location:	Year:	
Lifetime cigarette use	North Dakota	2021	GO

3. View results by Table, Graph or Map:

Table Graph Map

2. Add subgroup variables:

VIEW DATA BY SUBGROUP

Column Variable:

Sex

Row Variable 1:

Race

Row Variable 2:

Grade

Use the YRBS Explorer to view the 2021 Survey Questions and Results (<https://yrbsexplorer.services.cdc.gov/#/>):

Search Questions [Reset](#)

Select Topic

Unintentional Injuries and Violence

Tobacco Use

Alcohol and Other Drug Use

Sexual Behaviors

Dietary Behaviors

Physical Activity

Obesity, Overweight and Weight Control

Other Health Topics

[See All Topics](#)

Findings from the 2021 YRBSS Report



Risky sexual behaviors are decreasing, but so are important protective behaviors like condom use, HIV testing, and STD testing.



Substance use is generally decreasing, but still too high.



Experiences of violence, including sexual violence, are not declining and in some cases are increasing.



Poor mental health and suicidal thoughts and behaviors are increasing for nearly all groups of youth.

Helpful Resources:

- YRBS Overview:

<https://www.youtube.com/watch?v=bne5CBrNLCM>

- YRBS Explorer:

<https://yrbs-explorer.services.cdc.gov/#/>

- Datasets and Documentation:

<https://www.cdc.gov/healthyouth/data/yrbs/data.htm#combined-high-school>

IF YOU ARE INTERESTED IN LEARNING MORE ABOUT THE YOUTH RISK BEHAVIOR SURVEILLANCE SYSTEM, PLEASE CONTACT KENT RIPPLINGER AT: kent.p.ripplinger.2@und.edu