DATABASE SPOTLIGHT

YOUTH RISK BEHAVIOR SURVEILLANCE SYSTEM

https://www.cdc.gov/healthyyouth/data/yrbs/index.htm

Youth Risk Behavior Surveillance System (YRBSS):

Surveys, administered every other year, that track behaviors that can lead to poor health in students grades 9-12. YRBSS results help monitor adolescent health behavior changes over time, identifying emerging issues, and plan and evaluate programs to support the health of youth. Health-Related Behaviors monitored:

- Student Demographics
- Sexual Behavior
- Mental Health
- Substance Use Behaviors
- Student Experiences

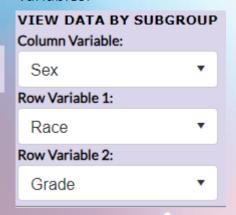
Access the 2021 Results using this link:

https://nccd.cdc.gov/Youthonline/App/Results.aspx

1. Choose all questions, or specific questions, a specific location and year

year					
CHOOSE TABLE Question:	CONTENT	Location:		Year:	
Lifetime cigaret	te use •	North Dako	ta 🔻	2021	GO
3. View results by Table, Graph or Map:					
Table	Graph	Мар			

2. Add subgroup variables:



Use the YRBS Explorer to view the 2021 Survey Questions and Results (https://yrbsexplorer.services.cdc.gov/#/):



Findings from the 2021 YRBSS Report





Risky sexual behaviors are decreasing, but so are important protective behaviors like condom use, HIV testing, and STD testing.



Substance use is generally decreasing, but still too high.



Experiences of violence, including sexual violence, are not declining and in some cases are increasing.



Poor mental health and suicidal thoughts and behaviors are increasing for nearly all groups of youth.

Helpful Resources:

YRBS Overview:

https://www.youtube.com/watch?v=bne5CBrNLCM

YRBS Explorer:

https://yrbs-explorer.services.cdc.gov/#/

Datasets and Documentation:

https://www.cdc.gov/healthyyouth/data/yrbs/data.htm#combined-high-school

IF YOU ARE INTERESTED IN LEARNING MORE ABOUT THE YOUTH RISK BEHAVIOR SURVEILLANCE SYSTEM, PLEASE CONTACT KENT RIPPLINGER

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