

PT 562.21ver5 summer  
April 30, 2021

PT 526: MANUAL THERAPY II  
Lecture – distance learning  
Lab: 8-12 noon Monday & Wed Rm E 311 & E312  
Mark Romanick, Gary Schindler, Schawnn Decker, Kevin O’Brien  
Summer 2021                      2 credits

**WEEK**  
**Week 0**

**DATES & CONTENT**  
**May 9-16**

**YuJa pre-recording:** Pelvis/SI

**YuJa pre-recording:** Mechanical Diagnosis and Treatment (MDT [McKenzie])--  
Kevin

**Week 1**

**YuJa pre-recording:** Science of Spinal Manual Therapy  
Spine Examination & Diagnosis; Clinical Practice Guidelines  
Classification Systems; Spine Surgeries

**May 17 (M)** Pelvis/SI and pelvic floor- Schawnn

**May 18 (T)** Lumbar spine MDT - Examination/Intervention – Kevin

**May 19 (W)** **8-10 am Grp A & B    10-12 Grp C & D**  
Lumbar spine thrust mobilization/manipulation - Mark

**May 20 (Th)** Lumbar spine (NAGs, SNAGs, MWMs) – Kevin  
More MDT

**Week 2**

**YuJa pre-recording:** Neuromobilization

**May 24 (M)**                      **May 26 (W)**

UE/LE neuromobilization & lumbopelvic skill development  
LE peripheral joint thrust techniques  
UE peripheral joint thrust techniques

**Week 3**

**May 31 Holiday**

**June 2 (W)**

**No class**

Written Exam I

Practical Exam I (Group A [PT 538] alternate date/time???)

**Week 4**

**No lab (June 7-11)**

**YuJa pre-cording:** Lumbar spine cases

**Week 5**      **No lab (June 14-18)**

**YuJa pre-recording:** IASTM & dry needling demonstrations

**Week 6**      **YuJa pre-recording:** Cervicothoracic MDT

**June 21 (M)**                  **June 23 (W)**

Cervicothoracic MDT - Kevin  
Cervical spine (NAGs, SNAGs, MWMs) – Kevin

**Week 7**      **YuJa pre-recording:** Headaches, Whiplash, Differential

Diagnosis **June 28 (M)**                  **June 30 (W)**

Thoracic spine – Gary  
Cervical spine thrust mobilization/manipulation - Mark

**Week 8**      **YuJa pre-recording:** Cervical spine cases

**July 5 Holiday**                  **July 7**

**No class**                          cervicothoracic skill development

**Week 9**      **Date TBA**

**Final Written Exam**

**Practical Exam II**