

PT 491: INDEPENDENT STUDY
SPINE CARE SERIES 1: BACK: The Lumbopelvic Region
SPINE CARE SERIES 2: NECK: The Cervicothoracic Region
Summer 2021; Instructor - Mark Romanick

Schedule

May 17-June 14 Cervicothoracic Region

June 15-July 16 Lumbopelvic Region

Readings: Selected readings posted in Blackboard

May 17 Cervical spine anatomy; Deep cervical spine extensors

May 24 Herniated cervical disc

May 31 Cervical spine radiculopathy

June 7 Neck pain classification article

June 11 Neck pain clinical practice guidelines

June 14 Cervical spine exam

June 15 Thoracolumbar fascia

June 21 Facet joint biomechanics

June 28 Neurogenic disc pain; Nucleus pulposus

July 5 Sacroiliac joint

July 12 Low back pain classification

July 15 Low back pain clinical practice guidelines

July 16 Lumbar spine exam

The above is only a **suggested** schedule for each content group. It is important to complete at least one exam by **June 14, 2021**, or a deficiency will be issued. All coursework must be complete by **July 16, 2021**, or a failing grade will be issued.

ACADEMIC INTEGRITY:

In accordance with the rules concerning scholastic dishonesty in the Code of Student Life* at the University of North Dakota, I affirm that I understand these rules and I agree to comply with them.

I will not:

- a) receive any additional information or assistance for any exam other than what was provided during class or approved tutor sessions
- b) copy from another student's test
- c) collaborate with or seek aid from another student who may have previously taken the exam
- d) knowingly use, buy, sell, steal, or solicit in whole or in part the contents of any exam
- e) bribe another person to obtain information about any exam

DISABILITY ACCESS STATEMENT:

Contact me (Mark Romanick: mark.romanick@med.und.edu) to request disability accommodations, discuss medical information, or plan for an [emergency evacuation](#). To get confidential guidance and support for disability accommodation requests, students are expected to register with DSS, www.UND.edu/disability-services. 280 McCannel Hall | 701.777.3425 | 711 for Relay

NOTICE OF NONDISCRIMINATION: It is the policy of the University of North Dakota that no person shall be discriminated against because of race, religion, age, color, gender, disability, national origin, creed, sexual orientation, gender identity, genetic information, marital status, veteran's status, or political belief or affiliation and the equal opportunity and access to facilities shall be available to all. Concerns regarding Title IX, Title VI, Title VII, ADA, and Section 504 may be addressed to Donna Smith, Director of Equal Employment Opportunity/Affirmative Action and Title IX Coordinator, 401 Twamley Hall, 701.777.4191, und.affirmativeactionoffice@UND.edu or the Office for Civil Rights, U.S. Dept. of Education, 500 West Madison, Suite 1475, Chicago, IL 60611 or any other federal agency.

REPORTING SEXUAL VIOLENCE: If you or a friend has experienced sexual violence, such as sexual assault, domestic violence, dating violence or stalking, or sex-based harassment, please contact UND's Title IX Coordinator, Donna Smith, for assistance: 701.777.4191; donna.smith@UND.edu or go to UND.edu/affirmative-action/title-ix.

FACULTY REPORTING OBLIGATIONS REGARDING SEXUAL VIOLENCE: It is important for students to understand that faculty are required to share with UND's Title IX Coordinator any incidents of sexual violence they become aware of, even if those incidents occurred in the past or are disclosed as part of a class assignment. This does not mean an investigation will occur if the student does not want that, but it does allow UND to provide resources to help the student continue to be successful at UND. If you have been the victim of sexual violence, you can find information about confidential support services at UND.edu/affirmative-action/title-ix.

UND CARES RESPONSE TEAM: The [UND Cares Response Team](#) is available to assist with incidents involving UND students 24 hours a day, seven days a week. They respond to incidents such as major accidents, missing students, sickness that interferes with attending classes, death, suicidal ideations, situations involving self-harm, psychological trauma and sexual violence. Contact directly at 701.777.2664 during regular business hours OR 701.777.3491 after hours.

For any grievance, students are required to work through channels of communication to resolve the problem before approaching the chair or dean. The channel is student, instructor, chair, associate dean health sciences, and dean. (See more in Scholastic Standards)