

From the Chair

Greetings from UND PT! The spring semester seemed to fly by with a flurry of activities. Last December, the Department submitted the self-study report to the Commission on Accreditation in Physical Therapy Education (CAPTE). The faculty and staff invested an extraordinary amount of time and energy to submit a comprehensive document that addressed the accreditation standards and elements required by CAPTE. This was followed by an on-site visit from the accreditation team in early March. We are very thankful and appreciative of the many clinical instructors, employers, alumni, students and UND administrators who met with the on-site team! Your input was extremely valuable to the accreditation process and the program. The preliminary report from the on-site team was very positive. At the same time, we were asked to provide additional information, which was submitted in May. A final decision on the accreditation reaffirmation will be made at the CAPTE meeting in October 2017.

The spring weather provided a beautiful, sunny day for graduation this year. The DPT Class of 2017 graduated on May 13 with 48 students participating in the departmental hooding ceremony and UND Commencement Ceremony. It was a very exciting day with more than 400 guests in attendance at the hooding ceremony. Tom Mohr, PhD, associate dean for health sciences, presided at the ceremony. Joshua Wynne, MD, MBA, MPH, dean of the SMHS and vice president for health affairs, and Gwen Halaas, MD, senior associate dean for education, provided congratulatory comments for the graduates and attendees. It was wonderful to hear of the many job opportunities, physical therapy residencies, and exciting life events that await the graduates.

This fall will be the 50th anniversary of the Department of Physical Therapy! In 1967, Henry "Bud" Wessman made his way to Grand Forks to begin developing the professional physical therapy program at UND. Under the leadership of Bud (1967-1993) and Tom Mohr (1993-2014), the program has evolved from the BSPT and MPT to now the Doctor of Physical Therapy. The first graduating class in 1970 had nine students and one faculty member, while today we have 52 students per class, 11 full-time

faculty, three part-time faculty and three staff members. To celebrate, the School of Medicine and Health Sciences will host an afternoon reception and evening banquet recognizing the Department and all SMHS milestone graduates on Friday, Oct. 6, 2017. To commemorate the anniversary, we have created the Physical Therapy 50th Anniversary Scholarship Endowment to provide scholarships for students in the professional program. Although we have maintained professional program tuition below the national average for public institutions, the average UND physical therapy student graduates with approximately \$80,000 in debt. I am happy to report that your generous giving has already provided nearly \$17,000 toward our goal of raising \$50,000 to endow the scholarship and provide support for future physical therapists. I hope that each of our 1,700 graduates will consider contributing to this opportunity to commemorate the 50th anniversary! To donate, go to <https://undalumni.org/smhs> and designate the PT 50th Anniversary Scholarship Endowment in the comments section.



Finally, we wouldn't be able to deliver a high-quality education without the dedication of our clinical instructors, clinical coordinators, and clinical sites. Thank you all for contributing your knowledge, time, and clinical expertise to developing exceptional PT professionals. If you are interested in setting up a clinical site at your facility, please feel free to [contact me](#) or [Cindy Flom-Meland](#), director of clinical education.

Best wishes for a wonderful summer, and I hope to see you in the fall!

Dave Relling, PT, PhD
Chair, Department of Physical Therapy
UND School of Medicine and Health Sciences



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Ward Glasoe, PhD, PT, ATC



Ward received his Bachelor of Science in Physical Therapy degree from the UND School of Medicine and Health Sciences in 1991, a master's degree from the University of Iowa, and a PhD from the University of Minnesota. He has been a full-time academician for 15 years. He teaches anatomy, biomechanics, exercise and sports medicine at the University of Minnesota Department of the Rehabilitation Medicine Division of Physical Therapy. His area of scientific research is the foot, specifically the investigation of the structural characteristics that contribute to hallux valgus deformity and the related outcomes of physical therapy treatments (e.g., exercise, orthoses).

Prior to academia, Ward practiced physical therapy in the orthopedic clinical setting. He is a member of the APTA Orthopaedic, Sports, and Research Sections. He also holds a specialty certification in athletic training with membership in the National Athletic Trainers Association (NATA). For professional service activities, Ward is a manuscript reviewer for several medical journals, and has served as a committee member on the Physiotherapy Associates Institutional Review Board (IRB) for the past 20 years. Ward has authored 30 peer-reviewed medical journal articles.

Ward said the physical therapy profession has defined his work career, as he practiced for 13 years prior to starting the second stage of his career as a physical therapy academician. "First and foremost, I identify myself as a physical therapist," he said.

"The need for physical therapy practice will most assuredly continue to grow," Ward continued. "This is because PTs have a unique skill set that stems from our training as human movement specialists. Research evidence now supports the profession's education, as well as the delivery of our services in the areas of wellness and prevention and in the care of physical impairments throughout one's life span."

Ward and his wife Jan are originally from Minot, N.D., and currently live in Minneapolis. They have two adult children Lisa and Luke, who are UND graduates. Lisa and her husband John have two children, Jacob (age 3) and Joshua, born in April. Lisa is a teacher in the Grand Forks Public School system. Luke is a teacher at Red River High School in Grand Forks and is head coach of the boys' soccer team. The entire family enjoys UND men's hockey!

Kyle Smith, PT

Kyle graduated from the UND Department of Physical Therapy in 1991. He has owned and operated Central Dakota Physical Therapy in Carrington, N.D., since 1997. His specialties are orthopedics and wound care. Previously, Kyle was a physical therapist in Aberdeen, S.D. (1991-1993), and Valley City, N.D. (1993-1997).

Kyle said that while playing college football, he had a knee injury that required extensive physical therapy. A positive experience with his physical therapist influenced him to change his major from business to physical therapy. He said that being a PT continues to affect his life in several positive ways. It has allowed him to challenge himself every day as he goes work, has provided stable employment over a 26-year period, and consistently promoted the importance of wellness and a healthy lifestyle for himself.

"I think our profession has a very strong future, but we will need to continue to learn new skills, provide a wide variety of services, and prove our cost effectiveness in treatment and prevention," he said. "We need to continue to market ourselves by educating providers and the public about the services we provide."

Kyle would like to see new practitioners learn something from each patient they meet. He would encourage them to treat people as they would like to be treated and be willing to adapt to changes as the PT profession and healthcare continues to evolve.

He and his wife Lane have three children: Brady (age 20), Payton (age 16), and Brynn (age 10). Kyle enjoys coaching in his free time and has coached Babe Ruth baseball for eight years, junior high and youth basketball for seven years and is currently the co-head varsity football coach in Carrington.

October 6–7

**Join us for
UND Homecoming
2017**

**Celebrating Milestone Graduates and
50 Years of Physical Therapy
Grand Forks, ND**

Olivia Chang Yanagi, PT

Olivia received her degree from UND Physical Therapy in 1991. She is employed at Rehab Therapy Partners Inc. in Honolulu, Hawaii. Her outpatient population is diverse with patients ranging from 10 to 94 years of age, including young-to-professional dancers; adolescent athletes; those having neurological, orthopedic and chronic pain issues or recovering from hip arthroscopy; and clients receiving Pilates-based therapeutic exercises. In addition to conducting private Pilates sessions, Olivia conducts senior citizen exercise classes for those patients who want to continue exercising at the clinic and don't want to join a gym. After more than 15 years of marriage, she joined her husband's outpatient clinic and invested in Stott Pilates equipment to start Performance Pilates. Her husband introduced her to a pediatric orthopedic group involved with dance medicine, hip preservation, and spinal injuries. They valued the benefits of Pilates, and her career has now gone full circle.

Olivia's previous areas of practice include acute inpatient, subacute, and outpatient for 10 years at a community hospital where she enjoyed treating geriatric and neurological patients. She also served as rehab manager.

Olivia said that being a certified Stott Pilates instructor and learning how to turn on her core before resistive training has proven to be very helpful after having three C-sections, rectus diastasis, and an umbilical hernia. She said that it's a different approach to teaching patients spinal stabilization exercise, especially those who could not do a basic Dead Bug exercise without back spasms. "It's working 'inside out,' learning how to facilitate transverse abdominus and maintaining lumbopelvic neutral through breathing and simple motions until stronger," she said. "In addition, this method makes you aware of compensation with back extensors and is a better program for those who have difficulty with other exercise programs, such as boot camp. Those programs work 'outside in,' assuming the core will turn on to meet the demand of whatever physical challenge is presented."

Olivia was also a lecturer in the PTA program at Kapiolani Community College in the areas of massage, kinesiology, therapeutic exercise, neurology, disease and disability. "I always thought of Renee [Mabey] during her first year of teaching our class when she said, 'Do not talk to me after I return your test without two documented sources supporting your answer.' Much appreciation belongs to my PT teachers," she said.

It was after attending a continuing education session about physical therapists working with dancers for the San Francisco Ballet that Olivia decided to become one herself. Her dream as a young girl was to be a professional dancer and choreographer. Now, she is able to work with dancers, including elite professional performers, by watching their movements and mechanics and finding a solution to their injuries. "I may not be able to dance on pointe shoes and leap or turn as graceful as they do," she said. "However, because of all my previous experiences, I can identify their weaknesses or lack of motion, adjust their alignment and



mechanics, and prevent compensatory strategies to achieve pain free movement. Nutcracker season is very hectic, but to watch these dancers (male and female) perform beautifully is so rewarding. This makes me love what I do!"

For those just starting their careers, Olivia encourages continuing education and to never stop learning. "Continuing education is key to developing your skills and better problem-solving for your patients and yourself," she said. "My manual skills are a collaboration of different techniques learned from many different courses that worked for me. Also, our field continues to grow with updated and new approaches, such as hip arthroscopy. I felt so incompetent when I got my first patient, only to learn that these surgeries and rehab protocols had only been around for the past 10 years." She said it's not uncommon to change areas of practice, as she has worked in outpatient clinics and acute hospitals, managed a rehab services department, taught in a PTA program, and became a certified Stott Pilates instructor, before working within her current client population.

Olivia and her husband Griffith, a 1990 La Crosse, Wis., PT graduate, will celebrate 25 years of marriage this year. They have three children ranging from 11 years to 21 years old. "I never thought I would be a soccer mom, baseball mom, and now a dance mom," she said. "I've always considered myself a dancer with a hula, modern jazz, ballet and tap background but stopped after starting a family. I finally returned to dance after 18 years."

Rachelle (Dale) Bizjak, PT

A 1991 graduate of the UND PT Program, Rachelle works at Health Reach, an outpatient orthopedic clinic, which is part of the Mayo Clinic Health System in Albert Lea, Minn. Her areas of specialty are women's health and aquatics, but she also practices in the areas of acute inpatient care, home health, and long-term care. Rachelle said she also enjoys coordinating seminars and presenting in-services to staff or community groups. "I love teaching my clients and feel blessed with a wonderful sense of purpose," she said.



Rachelle has been involved with the Minnesota APTA Education Committee and the Mayo Clinic Education Committee. She enjoys coordinating classes and opportunities for therapists to advance their education. Earlier in her career, supervising student interns and coordinating student internships for her facility was one of her responsibilities. "I have always wanted to present continuing education courses or teach in some capacity," she said. "Perhaps when I enter the empty-nest chapter of my life, this may turn into a reality."

Rachelle encourages new practitioners to volunteer for extra projects, supervise a few PT student interns, continue to study, and push outside comfort zones. In addition, promoting the profession within the community and taking as many continuing education courses as possible on a wide variety of topics is equally as important, she said. She also warned against overloading patients and said PTs should be realistic. "People are more focused on how and where they spend their healthcare dollars," she said. "If you do your job well, they will come back."

Rachelle said her three teenage daughters keep her very busy. She enjoys volunteering at school, coaching basketball, and teaching Sunday school and confirmation classes. She is a board member for the Bayside Water Ski Show Team and enjoys kayaking, gardening, and most anything outside.

Rita Popiel-Nemitz, PT

Rita received her Bachelor of Science in Physical Therapy degree from the UND School of Medicine and Health Sciences in 1991 and her Master of Physical Therapy degree from UND in 1993. She began her career as a staff therapist in Sidney, Mont., at a hospital-outpatient clinic, which had an attached hospital acute-care and nursing home. She also worked in the home-care and school settings. Next, she was the director of rehab services at Glendive Medical Center in Glendive, Mont., for 10 years. She then moved to Bismarck, N.D., and taught for two years in the Department of Physical Therapy at the University of Mary. She assisted in the development of the curricula for its physical therapy and occupational therapy programs, and in the accreditation of the PT program. She said it was a great experience, working with an amazing group of instructors and wonderfully talented and bright physical therapy students.



Rita is currently self-employed, contracting physical therapy services with hospitals throughout eastern Montana. She said her passion is orthopedics, but working in the rural setting, she said she must be ready to treat whoever comes through the door. "It is a challenge, and I find I remain skilled in several areas versus focusing on one," she said. The profession has allowed her to work and become friends with the best and brightest of peers and has propelled her into a world of appreciative ex-patients who enjoy showing her how they have improved, she said.

Rita said she notices a constant progression toward manual therapy and the combination of physical therapy and chiropractic professions, which she feels is not a bad thing. "Physical therapy is an ever-changing profession that has forced me to stay on top of the latest techniques, thus constant education and motivation," she said.

When asked what advice she would share with new practitioners as they begin their professional careers, she said, "Don't take yourself too seriously. Stay humble, kind and listen more than you talk. Physicians have little time, make your documentation concise; they will be more likely to read it."

Rita lives in Glendive, is married to a rancher and lends a helping hand with the cattle. They have three grown children, and the youngest child has a goal of following in her footsteps, working toward acceptance into a Doctor of Physical Therapy program. "In our precious free time, we love to go to our lake cabin on Fort Peck Lake and enjoy boating, skiing, fishing and the pontoon with family and friends," she said.

Focus on Alumni

Shannon Kirsch PT, DPT

Shannon is a 1991 graduate of the UND Physical Therapy Program and is employed at PT-OT Professionals in Rapid City, S.D., a privately owned outpatient clinic that she and her husband have owned for 15 years. Shannon specializes in outpatient women's health, including pelvic pain, urinary and fecal incontinence, bladder and bowel disorders, post-surgical rehab, and maternity care. Twenty-six years ago, she began her career in the hospital setting. She has worked in a variety of settings including a school system/pediatrics, a nursing home and the home healthcare setting.

Shannon said she has always known that she was called to the medical profession, but it wasn't until her first year of college, after a PT shadowing opportunity, that she decided to explore a career in physical therapy. "Once exposed to it, it encompassed everything I was looking for in a profession ... strong science background, caring profession, a job that directly affects people's lives, one-on-one contact with patients, positive atmosphere," she said.

"Women's health PT is an area of physical therapy that most physicians were not familiar with, especially 15 to 20 years ago," she continued. "I spent many hours going from one doctor's office to another to educate them on the benefits of PT and what it can offer their patients." She said it has taken years to develop a fully operating women's health program.

A few years ago, Shannon was fortunate to speak at the South Dakota Nurse Practitioner's Convention. She said it was an amazing opportunity to promote physical therapy and its benefits. One of the most important issues that she stressed was to ask patients if they had struggles with incontinence issues in particular because it is often very difficult for patients to bring incontinence issues up to their practitioner. She said the most common comment she hears after treating a patient is, "I wish I had known about PT earlier!"

When Shannon spoke of how the profession has influenced her life, she said that physical therapists become very close with their patients, telling things about their lives that they do not tell many people. "You cannot help but feel compassion for them, and often times I go home thinking or worrying about them," she said. "You begin to see everyone in a different light because many people are carrying burdens every day that you may not see by general observation." She goes on to say that this interaction with patients



teaches PTs to be very grateful, and that one of the best aspects of being a PT is being a good listener. "Sometimes that is all a person needs ... just to be heard," she said. "When they know you care, they begin to trust you. This is where the relationship begins."

Shannon said she has seen many changes occur in her 26 years in the profession concerning insurance, reimbursement rates, and documentation/technology; some for the better, some for the worse. She is hopeful that the profession can become the provider of choice for all musculoskeletal issues. "We must strive to gain more autonomy and avoid the trend of working as employees of referring physicians," she said. "Our profession can and should play an important role in the future of healthcare. We, as physical therapists, need to continue to learn and promote our profession, and the future of physical therapy will be bright."

Shannon and her husband Karl have been married for almost 25 years. They have three children: Madison (21), a nursing student at University of Mary; Kennedy (19), a biology/premed student at South Dakota State University; and Ryder (15), who has just finished his freshman year of high school. Shannon said all of their children have been actively involved in sports and school, which has kept her very busy. Additionally, she enjoys hiking in the beautiful Black Hills, camping, exercising and spending time with friends.

Focus on Clinical Instructors

Benjamin Kuznia, PT, DPT, MDT, OCS

Ben graduated from the UND Physical Therapy Department in 2011. He is an owner and rehab director for Rehab Authority at the Eagle Road location in Boise, Idaho. Rehab Authority specializes in high-quality spine care, but also treats a wide variety of orthopedic conditions. Ben currently has Orthopedic Clinical Specialist and McKenzie Diagnosis and Therapy (MDT) certifications, and plans to become Mulligan- and CMT-certified later this year. Ben also specializes in occupational rehab and works with companies across the Treasure Valley area in southwestern Idaho by performing job placement



screening, job analysis, ergonomics assessments, and functional capacity exams to reduce injuries in the workplace.

Ben said that as a clinical instructor, he really enjoys having the infusion of new energy in the clinic. "Students are so hungry to learn and are often very passionate about physical therapy, which tends to rub off on patients and staff," he said. "I also have to think a little more critically and give explanations about everything I do during the day to make sure that I am providing the best therapy for my patients and setting a good example for my students." He said he especially enjoys getting to know the students and tries his best to help them grow as therapists. He feels that most students are a little nervous and unsure of themselves during their clinical rotations, so it is very rewarding to see their confidence

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build when they are in a comfortable situation and able to focus on their skills as a person and a clinician. "In the five years I have been a CI, we have hired four of my students at Rehab Authority, and my students have become colleagues," he said. "We have used our clinical affiliations as a great way to pick some of the top talents out of the incoming group of new clinicians."

Reflecting on his own clinical affiliations as a student, Ben said the knowledge gained from his clinical affiliations is a very large part of the skills he used as a new graduate. He said he feels fortunate to have had excellent CIs and had many learning experiences, most importantly how to connect with his patients and truly listen to their concerns.

Ben said the most heartwarming part of being a clinical instructor is when a student tells him that they have truly enjoyed their clinical experience and that they notice a significant amount of growth during their time here. "It is great to know that I have had the ability to add to a small part of their education and have helped put more great therapists into the profession to help people across the country," he said. "In five years, I have had 22 students so there are many great memories."

"Evidence-based practice is extremely important and something I go over often with students," Ben continued. "We are at a time in our profession when there is more scrutiny than ever before about treatment, and we need to make sure we are providing the best care possible for our patients. Having said that, we also need to remember that our patients are not lab rats in a clinical study. They are people with feelings, emotions, preconceived notions, and past experiences." Ben said he often asks students, "If this patient were your grandma, would you only follow the guidelines of evidence-based practice or would you do anything and everything to make her feel better? If she said a massage and ultrasound cured her back pain in 1989, would you tell her that evidence states that those treatments are not the best practice anymore? Or would you start warming up the ultrasound gel?" Ben feels that clinical judgment and clinical experience will facilitate knowing when to provide the right treatment at the right time for the right patient even if that may not always fall in line with evidence-based practice.

When asked about his thoughts on clinical education for the future, Ben said that more specialization would be beneficial because it is important for students to experience all types of settings in the beginning of their education. For those students who know what area of practice they want to specialize in, he believes it would be wonderful to have additional clinical experiences in their specialty area and possibly continuing-ed-level education so students have more tools available as they begin their careers.

Nicole Nord, DPT
Earning her Doctor in Physical Therapy degree from UND in 2006, Nicole is employed at St. Luke's Health Systems in Boise, Idaho. She currently works in pediatrics in the acute-care and home-care settings. She previously worked in outpatient pediatrics at St. Luke's.



Nicole said she enjoys helping students find their passion for pediatrics. "Treating pediatrics is something I love, so it is fun for me to show that to students," she said. "I also don't think they realize how diverse peds can be and how much you can affect not only the patient but the entire family."

Nicole said that she's had many students who have had a real connection with a child, and when the student has completed their affiliation, the child has had a more challenging time working with her for a few weeks. She said when patients gave the students their school photos or pictures that they had drawn, it always made her happy because she knew those students really embraced working in pediatrics.

Nicole said her own pediatric affiliation was at St. Luke's and that her clinical instructors definitely molded her profession. "I knew after my first peds course at UND that I wanted to work in pediatrics, and my CIs had such passion for working with children that it really made me see how rewarding it could be," she said. Nicole still works with one of her CIs; the other has since moved out of state. She said she appreciates everything she learned from them, and she *continues* to learn from them! "They are people who I still feel comfortable asking for advice on a treatment technique or a new treatment if what I'm doing doesn't seem to be working. I hope that my previous students feel like they can still come back to me for advice," she said.

When asked about her vision of clinical education for the future, Nicole said that continuing to seek out CIs who are passionate about physical therapy is certainly an important element. "Being a PT isn't only about being knowledgeable about your profession but loving it too. If the CI doesn't love what they do, they aren't going to pass on to a student what a cool job we have," she said. She feels it would be beneficial for students to have a longer final affiliation if it's a setting in which they are truly interested in practicing so they can feel confident as they begin their careers. She has had students in the pediatric setting, but when their first job was in a rural area, they were the only pediatric PT and no mentorship was available to them. She feels a longer affiliation may help new graduates feel more comfortable and sure of themselves.

Nicole said that working with the students is one of her favorite parts of the year. She said she feels that as she educates others, she's learning as well. She wishes more students were doing final rotations during other parts of the year so that she could have students more often!

Focus on Clinical Instructors

Pat Carter, PT, MPT

Pat earned her Bachelor of Physical Therapy degree from UND in 1980 and her Master of Physical Therapy degree from UND in 1993. She is employed in outpatient physical therapy at Altru Health System in Grand Forks and specializes in geriatrics, balance and fall issues, and rehab for amputees.

"Being a clinical instructor gives me an opportunity to give back to the profession that has kept me motivated and stimulated for the past 37 years," Pat said. She added that she enjoys the challenge of teaching students and learning from them. Her goals for the student include being professional, yet personable, and developing good relationship skills with the people they are serving.

She said being a CI gets her "out of a rut," breaking her normal routine and challenging her to be more flexible. On a professional level, she said teaching allows her to grow and learn from her students, especially in the orthopedic setting, which she returned to two years ago. She said she feels especially proud that two of her UND students have gone on to clinical residency programs in orthopedics!

Pat is hopeful that the "hands-on," one-to-one model won't be lost. "Students need clinical experiences to develop their skills and put it all together," she said. In addition, she said evidence-based practice is so important. "The students now have so much more research and information available to them, but at times need encouragement to take the time to use it," she said. "As PTs, we face the same issues."

During her clinical affiliations as a student, Pat said her clinical instructors inspired her to learn more and instilled in her the importance of lifelong learning, and that was all without the benefit of the internet!

Tom Carson, PT, DPT

Tom earned his Doctor in Physical Therapy degree from UND in 2005. He is part-owner of Achieve Therapy and Fitness in Grand Forks, where he works primarily with orthopedics.

Tom said he enjoys being a clinical instructor because it presents an opportunity to provide students with the most hands-on knowledge and skills that he practices daily. "I learn the newest information taught by different schools," he said. "By taking students, I'm ensuring that I will grow as a practitioner, and I enjoy watching the students develop into PTs." He said he likes watching students develop and grow during their clinical rotation and especially enjoys seeing the progression toward independence in their final clinical rotation. He said he finds himself doing more research on techniques, special tests and clinical outcome measures when he has students, which he said has made him a better PT. He feels students will remain actively involved in research if there is justification for utilizing a technique or special test.

Tom said that when he was a student, his clinical instructors



went the extra mile by staying late, and assigning different topics and homework for him. Additionally, his clinical instructors came into the clinic on a Saturday to teach him extra techniques or offered to stay late on weekdays to make sure he grasped what they were teaching.

When asked about his vision of clinical education in the future, Tom said he would like to see the profession grow and see *all* PTs take students at some point in their careers. "I feel it keeps us more engaged in our profession and on top of the newest techniques," he said. "I see students every year getting smarter and more knowledgeable, which means our level of mentorship as a CI needs to be top-notch for these students."

On a humorous note, Tom said that halfway through a clinical rotation, one of his students confronted a patient about not doing his exercises. Tom's jaw hit the floor as he heard the student say, "So you are telling me that all I have to do is come to mass, sit in the front row, listen to your homily, leave, go right back to sinning, and I will get into heaven?" The priest responded, "No, you have a great point. I will start doing my exercises." Tom said that three days later, the priest included this analogy in his sermon, pointing out both Tom and the student in the congregation. "We all laughed about that, and we still do!" Tom said.

Stork Report



Ricky, DPT '15, and Laura Morgan welcomed Everett into their family on April 24, 2017. Everett weighed 9 pounds, 2 ounces and was 20.5 inches.



Tom, DPT '05, and Katherine Carson, are the proud parents of twins born on Aug. 2, 2016. William Thomas weighed 6 pounds, 9 ounces and was 20.5 inches; Grace Eloise weighed 5 pounds, 14 ounces and was 19.5 inches.



Kelsey (Kratzke), DPT '17, and Michael Wiskow announce the birth of their son, Caleb. He was born on June 10, 2017, weighing 8 pounds, 5 ounces and was 21 inches.