

Intervention Binders

Task: Upon the completion of each unit in a course, Level I and Level II's, review for the interventions that were identified, discussed and observed. Either make a copy or put the description of the intervention into a binder.

This binder will be reviewed at each midterm by your advisor.

Role: The purpose is to compile intervention ideas/strategies into one location. We have found that as students prepare for their Level II and subsequent entry level OT practice, having a 'tool chest' of interventions to choose from will be a definite asset.

Format: This is really your decision as far as organization. Some suggestions are:

1. Organize by practice area
 - Pediatrics
 - Adolescent Mental Health
 - Adult Mental Health
 - Adult Physical Disabilities

2. Organize by Occupations
 - ADLs
 - IADLs
 - Rest & Sleep
 - Education
 - Work
 - Leisure
 - Social Participation

3. Organize by Performance Skills
 - Motor skills
 - Process Skills
 - Social interaction skills

4. Organize by types of OT Interventions
 - Occupations and Activities
 - Preparatory Methods and Tasks Education and Training
 - Advocacy
 - Group Interventions