

**Form A – Establishing Initial Occupational Priorities
Occupational Therapy (OT) Initial Evaluation – the COMPACT™ Checklist
(A Collaborative Occupational Measure of Performance and Change over Time)**

Name: _____ Date: _____
Please check one: I am a Patient: _____ or a Family Member/Caregiver: _____

In OT, you are important to us! Please assist us in planning with you by completing the following checklist. Thank you!

- 1) Please check all tasks that you were doing prior to your hospitalization.
- 2) Next, check those activities where you currently experience difficulty.
- 3) Finally, check your 3-5 priority tasks to be used for OT treatment planning.

<u>Activity Participation:</u>	<u>Step #1: Previously, I was doing:</u>	<u>Step #2: I am having difficulty with:</u>	<u>Step #3: My 3-5 priorities are:</u>
Eating			
Dressing			
Bathing/Showering			
Toileting			
Personal grooming			
Walking/moving around			
Socializing			
Leisure/recreation activities			
Work activities			
Educational activities			
Sleeping & resting			
Care of family member(s)			
Using communication devices			
Sexual expression			
Care of pet(s)			
Driving or using public transport			
Financial management tasks			
Home cleaning & maintenance			
Meal preparation			
Laundry & ironing			
Shopping			
Church/spiritual or community activities			
Other:			

**Of these activities, is there one that you'd like us to start with first?
Is there anything else that you'd like us to know?**

**Form A – Establishing Initial Occupational Priorities – Acute Medical Conditions
Occupational Therapy (OT) Initial Evaluation – the COMPACT™
(A Collaborative Occupational Measure of Performance and Change over Time)**

Name: _____ **Date:** _____
Please check one: I am a Patient: _____ **or a Family Member/Caregiver:** _____

In OT, you are important to us! Please assist us in planning with you by completing the following checklist. Thank you!

- 1) Please check all tasks that you were doing prior to your hospitalization.
- 2) Next, check those activities where you currently experience difficulty.
- 3) Finally, check your 3-5 priority tasks to be used for your OT treatment planning.

<u>Activity Participation:</u>	<u>Step #1: Previously, I was doing:</u>	<u>Step #2: I am having difficulty with:</u>	<u>Step #3: My 3-5 priorities are:</u>
Eating			
Dressing			
Bathing/Showering			
Toileting			
Personal grooming			
Walking/moving around			
Sleeping & resting			
Communicating with others			
Using communication devices			
Other Daily Activities I would like to continue doing:			

Of these activities, is there one that you'd like us to start with first?

Is there anything else that you'd like us to know?

Form B – Collaborative Re-Assessment & Planning Form
The COMPACT™
(A Collaborative Occupational Measure of Performance and Change over Time)

Name: _____

Date: _____

Please assist us in re-assessing your priorities by completing the following checklist.

- 1) Please check all the activities that you (or your loved one) have been working on in OT.
- 2) Please rate your current ability to perform those desired activities on a **scale of 1 (less able) to 10 (very able).** (If you are a caregiver, please rate how well you would like your loved one to perform the tasks)
- 3) Finally, check your 3-5 priority tasks to be used for planning purposes.

Note: The last column will be completed by your occupational therapist in collaboration with you.

<u>Activity Participation:</u>	<u>How well I am doing in my OT activity</u> (Rate from 1-10, less to more able):	<u>My 3-5 OT Activity Priorities now are:</u>	<u>My new OT goals are:</u>
Eating			
Dressing			
Bathing/Showering			
Toileting			
Personal grooming			
Walking/moving around			
Socializing with others			
Leisure/recreation activities			
Work activities			
Educational activities			
Sleeping & resting			
Care of family			

member(s)			
Using communication devices			
Sexual expression			
Care of pet(s)			
Driving or using public transportation			
Financial management tasks			
Home cleaning & maintenance			
Meal preparation			
Laundry & ironing			
Shopping			
Going to church/spiritual or community activities			
Other activities:			

Form C – Collaborative Treatment Planning Tool (Patient with OT)
– The COMPACT™
(A Collaborative Occupational Measure of Performance and Change over Time)

Patient Name: _____ **Rating Date:** _____

Male: ____ **Female:** ____ **Age:** ____ **Primary Diagnosis:** _____

Impacting Diagnoses: _____

Location: **Inpatient:** ____ **Home:** ____ **Outpatient:** ____ **SNF:** ____ **Other:** _____

Other Pertinent Information:

**Form C – Collaborative Treatment Planning Tool (Patient with OT)
 – The COMPACT™
 (A Collaborative Occupational Measure of Performance and Change over Time)**

<u>Activity Participation:</u>	<u>Initial</u> Patient/ Caregiver Priorities (Check)	<u>Current</u> Patient/ Care- giver Priorities (Check)	<u>Patient</u> <u>Rating of</u> <u>Ability</u> (1-10 rating of less to more able in OT tasks)	<u>Therapist</u> <u>Rating of</u> <u>Patient</u> <u>Ability</u> (1-10 rating of less to more able: OT tasks)	<u>Collaborative</u> <u>Summary</u> (Top 3-5 Priorities)
Eating					
Dressing					
Bathing/Showering					
Toileting					
Personal grooming					
Walking/moving					
Socializing					
Leisure/recreation activities					
Work activities					
Educational activities					
Sleeping & resting					
Care of family member(s)					
Using communication devices					
Sexual expression					
Care of pet(s)					
Driving or using public transport.					
Financial management tasks					
Home cleaning & maintenance					
Meal preparation					
Laundry & ironing					
Shopping					
Church/spiritual or community activity					
Other:					

OT Collaborative Planning Outcomes Record (Provide a copy for the patient)

Patient Name: _____ **Date:** _____

Patient's Living Situation/Location (example: home with spouse):

Collaborative Goal and Priority Planning:

Patient will plan to do:

Family member or caregiver will plan to do:

Occupational Therapist will plan to do: