

INTERNAL MEDICINE NEWS

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RESIDENCY MATCH

Internal Medicine Categorical Residents



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Transitional Year Residents



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Ophthalmology



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Interventional Radiology



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SHM NORTH DAKOTA CHAPTER MEETING

The Society of Hospital Medicine (SHM) North Dakota Chapter held its first chapter meeting on June 11 in Fargo. Dr. Dinesh Bande spoke about "The State of Hospital Medicine in North Dakota." SHM promotes exceptional care for hospitalized patients and provides members with educational and networking opportunities, quality improvement resources, research, advocacy, and more. UND faculty members Dr. Abhishek Matta, hospitalist at Sanford Health Fargo, and Dr. Siddharth Singhal, hospitalist at Fargo VA Healthcare System, worked to establish the SHM North Dakota Chapter. Congratulations to both of them for successfully organizing the inaugural chapter meeting! If you are interested in joining the local SHM Chapter please visit <https://connect.hospitalmedicine.org/groups/home/140>.

VOLUNTEER OPPORTUNITIES

The Department of Internal Medicine offers volunteer opportunities to judge several poster competitions, including at the:

- Internal Medicine Research Symposium held annually in May
- American College of Physicians (ACP) North Dakota Chapter annual meeting with a poster competition in October
- Society of Hospital Medicine North Dakota Chapter meeting poster competition in September/October

If you are interested in volunteering as a judge for any of these competitions, please sign-up using the form available through the hyperlink below. You will be contacted prior to the event.
https://und.qualtrics.com/jfe/form/SV_3W4xAN5NvxLsF49.

2019 RESIDENT GRADUATION BANQUET

At this year's Resident Graduation Banquet, eight first-year residents received their internship completion certificates: Drs. Phanindra Antharam, Spencer Campbell, Naidu Guriginjakunta, Kellen Mastick, Stephanie Melquist, Adel Mergoum, Rebekka Sneed, and Cullen Trangsrud. The Department had 15 residents graduate from the program; eight graduated from the Transitional Year programs (Drs. Daniel Brunnhoelzl, William Curry, Brock Davidson, Noah Kastelowitz-Lieberman, Landon Melchior, Jeffrey Robison, Tyler Stutzman, and Matthew Wagner), and seven graduated from the Internal Medicine residency program (Drs. Afrah Samreen, Kim Belzberg, Riley Clark, Roza Glessing, Youstina Michael, Minnu Monu, and Kevin Moran).

The Internal Medicine department also honored 10 resident and faculty members. Resident award recipients included Drs. Riley Clark (Resident Teacher of the Year), Landon Melchior (Transitional Year Resident of the Year), Rebekka Sneed (Intern Resident of the Year), and Minnu Monu (William P. Newman Excellence in Research). Drs. Riley Clark, Minnu Monu, and Kevin Moran were also acknowledged



for their service as chief residents. Faculty award recipients included Drs. Shah Habib (IM Clerkship Teacher of the Year), Christopher Pribula (Transitional Residency Outstanding Teacher of the Year), Rajendra Potluri (Byron Danielson-IM Outstanding Teacher of the Year), Andrew Tyson (Distinguished Service Award), and Jean Marie McGowan (Faculty Research Mentor of the Year).

FACULTY MEMBER HIGHLIGHT: DR. GAUTAM PHADKE



Gautam Phadke is Medical Director of the Kidney Transplant program and attending nephrologist at Sanford Health in Fargo. He is also an assistant professor at the UND SMHS Department of Internal Medicine. Dr. Phadke completed a three-year residency in internal medicine at King Edward Memorial Hospital in India, a three-year residency in

internal medicine at UND, and a two-year fellowship in nephrology at the University of Missouri-Columbia. In 2016, he was awarded the Byron Danielson Teacher of the Year award; and in 2018 he was awarded the Alpha Omega Alpha (AOA) Faculty Recognition award. In 2018 he co-authored 4 posters, submitted 4 abstracts, published 1 book chapter, and published 1 peer-reviewed journal article.

Currently Dr. Phadke has 3 ongoing projects:

- Introducing bedside ultrasound techniques for use of arteriovenous fistula in accessing “difficult access” in end-stage renal disease patients admitted to the inpatient hospital service at Sanford Health in Fargo, N.D.
- Standardizing “use of antibiotics in suspected peritonitis in peritoneal dialysis patients” presenting at the Sanford Health Fargo emergency room.
- Leading a team that will offer “Conservative Renal Care” in patients who choose not to proceed with renal replacement therapy in collaboration with Dr. Micheal Germain and staff at Baystate Health Partners in Springfield, Mass.

2019-2020 FOURTH YEAR CHIEF RESIDENT: RILEY CLARK

Dr. Riley Clark has accepted the position of 4th Year Chief Resident. Dr. Clark received his Bachelor's degree from the Rochester Institute of Technology in New York, his medical degree from the American University of the Caribbean in 2016, and just completed a three-year residency in internal medicine at UND. Dr. Clark served as chief resident from 2018-2019, and received the Resident Teacher of the Year award in 2019.



CLINICIAN Q&A:

DR. KENE MEZUE



Please describe your current clinical practice.

I'm a hospitalist. I take care of hospitalized adult patients admitted into the hospital through the emergency room or through direct admissions from hospitals and clinics in our service area. I coordinate all aspects of care for the hospitalized patient from admission to discharge and I also communicate with the patient's

primary care provider and arrange follow up after discharge.

How long have you been with UND?

About a year and a half.

Do you serve on any UND committees?

No, but I'm willing to serve.

How do you balance clinical practice and an academic career?

Time management is critical. When I have students on my service, I try to make my rounding more time efficient. I also try to start my work day earlier since that gives me more time to get work done.

What do you like most about teaching?

I enjoy the opportunity to review the evidence for what I do every day. Teaching enables me to keep up with the vast changes in the science behind medical practice. I also enjoy getting my students excited ("Magic School Bus" style) about internal medicine as they discover the reasons behind our clinical decision-making.

What resources from the University do you find valuable in clinical or teaching responsibilities?

I found the resources on the "Evidenced Based Teaching Group" portion of the UND website very helpful. UpToDate is an awesome resource for fast topical reviews. I have also recently started using the UND library to obtain full journal articles. I would definitely like to explore more resources that the university offers.

What can you advise to other physicians who are considering becoming more involved in teaching?

It can be an enjoyable experience, the students are usually very grateful for the opportunity to learn from you.

NEW "DOCTOR TO PATIENT" PODCAST

Drs. Kirsten Juhl and Lindsey Dahl, both of SMHS clinical faculty based in Fargo, have opened-up a new and innovative way to connect doctors with adult patients. Their podcast, "Everything Your Doc Wants You To Know," is uploaded every other Sunday and covers various medical issues that are common within the adult population. The goal of the podcast is to provide a trustworthy health resource for adult patients seeking additional information beyond what is discussed in the exam room. The podcast is designed to reach more than just these physicians' own patients, but to help educate all individuals about health matters and enable them to make informed decisions about their own health. To find the latest episode, go to www.everythingdoc.com, or search Apple podcasts and Google Play under the name "Everything Your Doc Wants You To Know."

2019 DACCOTA ANNUAL SYMPOSIUM

The first annual Dakota Cancer Collaborative on Translational Activity (DaCCoTA) Symposium was held on June 8, 2019, at the UND School of Medicine & Health Sciences. DaCCoTA is a collaborative, supported by a \$20 million NIH award, whose goal is to bring together researchers and clinicians from across North and South Dakota with diverse backgrounds to develop new and innovative forms of cancer treatments. This year's keynote speaker was Dr. Donald Warne, Director of the Indians into Medicine program at the UND SMHS, and Director of the DaCCoTA Community Engagement and Outreach Core. We would like to congratulate Drs. Dinesh Bande, Anu Gaba, Kimberly Hammer, Abe Sahnoun, Siddharth Singhal, and Radhakrishna Vegunta—and Mallory Koshiol, MPH—who participated in the symposium. We appreciate your support.

INSTITUTIONAL REVIEW BOARD REMINDER

If you are the primary investigator of a research team, UND Institutional Review Board (IRB) approval is mandatory, in addition to the hospital's

IRB approval. For questions, please contact: Michelle Bowles at michelle.bowles@UND.edu or by calling 701.777.4079.

2019 INTERNAL MEDICINE RESEARCH SYMPOSIUM

The first Internal Medicine Resident Research Symposium was held on May 24, 2019, at the Sanford Medical Center boardroom. There were five residents that presented four posters: Drs. Daniel Brunnhoelzl, Alex Curry (with Matthew Wagner), Noah Kastelowitz, and Landon Melchior. There were four residents that presented oral presentations at the symposium: Drs. Brock Davidson, Ben Eidenschink, Roza Glessing, and Tyler Stutzman. The winner of the poster competition was Dr. Noah Kastelowitz with his poster on the “Impact of radiation dose during neoadjuvant chemoradiation on postoperative complications in esophageal (EC) and gastroesophageal junction cancers (GEJC).” The winner of the oral competition was Dr. Ben

Eidenschink with his speech on “Opioid use in febrile neutropenic increase severity of infection based on SIRS and SOFA scores.” We appreciate all who came out to join us; especially Drs. William



Newman, Laura Nichols, Cornelius Dyke, and Niyutchai Chaithongdi, who helped judge the poster and oral competitions. Hope to see everyone next year!