LOCATION SITES:

SANFORD MEDICAL CENTER
5225 23rd Avenue S
Fargo, ND 58104

SANFORD BROAWAY CLINIC
801 Broadway N
Fargo, ND 58102

SNF-VM
Villa Maria
3102 University Dr, Fargo, ND 58103
(701) 293-7750
villamariafargo.com

SNF-BETHANY
Bethany Retirement Living
201 University Dr, Fargo, ND 58103
(701) 239-3000
bethanynd.org

CONTACTS:

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INTRODUCTION

Rehabilitation intends to restore some or all of an older adult’s physical, cognitive and psychological capabilities that have been lost in progressive disease, injury or acute illness. Many therapists talk about removing the “dis” from disability. The methods for rehab are varied and may range from physical and cognitive training to use of adaptive devices. The overall goal is to achieve the highest possible function, independence and quality of life.

OBJECTIVES BASED ON CORE COMPETENCIES

Medical knowledge
1. Describe conceptual models used for rehabilitation
2. Understand different sites of rehabilitation and describe their strengths and weaknesses
3. Define the roles of each rehab team member
4. Describe common rehab interventions
5. List adaptive aids and how they are used

Interpersonal and Communication Skills
1. Engage team members in patient care plans
2. Adjust patient interactions according to their neurosensory impairment
3. Discuss with caregivers their involvement and safety of caregiving

Patient care
1. Perform a functional assessment in physical, cognitive and psychosocial domains
2. Evaluate and treat older adults in the continuum of rehab care (acute, outpatient, SNF).
3. Apply interprofessional team concepts
4. Prescribe patient – centered exercise
5. Adjust adaptive devices

Professionalism
1. Provide punctual attendance at patient rounds and team meetings
2. Create timely reports of patient evaluations and management plans

Patient-Based Learning and Improvement
1. Identify current or new quality improvement projects in rehab
Systems-Based Practice

1. Understand payment systems used for rehab
2. Know the criteria for entry into each levels of rehab (acute, SNF, home)

CURRICULUM FORMAT

This block rotation has both clinical experiences and didactic components. The latter is self-directed learning through book chapters, review articles and original reports in the medical literature. The clinical experiences engage fellows across the continuum of rehab healthcare.

DUTIES AND RESPONSIBILITIES

During this block rotation, fellows join rehab team members for in–patient rounds on the stroke rehab unit where they will provide Geriatric assessment and make recommendations for care and recovery. Fellows also attend outpatient rehab clinic as well as a SNF rehab center. During the outpatient rehab rotation, fellows will evaluate new and established older adults and report to the rehab attending regarding their assessment and recommendations.

RESOURCES

Hazzard’s Geriatric Medicine and Gerontology, Chapter 29 Rehabilitation

GRS, Chapter 21


GERIATRIC MILESTONES

Complete list of UND Geriatric Medicine Fellowship Curricular Milestones can be found in the handbook/website.

ROTATION SPECIFIC MILESTONES

Functional impairment and rehabilitation

14  Know the indications and contraindications for referring patients to physical, occupational, speech or other rehabilitative therapies, and refer if appropriate
15  Know indications for durable medical equipment, prescribe and evaluate for appropriate use
16  Recognize and manage the care of patients at high risk for poor outcomes from common conditions such as deconditioning, stroke, hip fracture, and dysphagia

EVALUATIONS

Evaluations will be based on core competencies and completed by multiple entities:

<table>
<thead>
<tr>
<th>COMPETENCIES</th>
<th>PATIENT CARE</th>
<th>MEDICAL KNOWLEDGE</th>
<th>PRACTICE BASED LEARNING</th>
<th>INTERPERSONAL COMMUNICATION SKILLS</th>
<th>PROFESSIONALISM</th>
<th>SYSTEMS BASED PRACTICE</th>
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*Milestones based quarterly evaluations  *Evaluations performed semi-annually and annually