

ATHLETIC TRAINING NEWS

Summer 2019

Vol. 5, No. 1

FROM THE CHAIR

As many of you know, the entry point to our profession is moving from the bachelor to the master's level. At UND, we have also been working on this move. The freshman Class of 2019 will be our last class of freshman that have the opportunity to apply to our BSAT program. We will accept our last class into the BSAT professional program in the fall of 2020. This undergraduate class will graduate in the spring of 2023. The new Master of Athletic Training program should be up and running in the summer of 2022, with the first class graduating in the spring of 2024. Essentially, the curriculum we have known for many years will not be recognizable in the new program. The phrase used many times in this process has been "blow it up and start over." Much work has happened to this point, including developing prerequisites, a timeframe for acceptance, a sequence of content based on the 2020 CAATE standards, and objectives for coursework. We are fortunate to have the support of the UND School of Medicine & Health Sciences administration and a facility and resources to assist us in putting together an innovative and quality program. That said, there is still much to do in the future, including constructing problems or cases for our students to learn from, developing coursework, and seeking approval from the SMHS, University, and North Dakota State Board of Higher Education.

In other news, the Department of Sports Medicine welcomes back Jimmy Morin. Jimmy was a graduate assistant from 2013-2015. After

graduating from UND, he returned to his native California and worked for various high schools. During his time away from UND, Jimmy worked on his California teaching certification and has been teaching classes in the high schools in which he worked. He will join UND in the middle of June to teach in the BSAT program and to work with UND Football. He also looks forward to the winters in North Dakota which he missed in his home state.



Couple of reminders: UND has an alumni event at the Minnesota Twins baseball game at Target Field on July 18. Also, there will be a CEU symposium at the SMHS in Grand Forks on Friday, October 4, in conjunction with UND's 2019 Homecoming festivities. The Department of Sports Medicine faculty will participate in this symposium.

Have a great summer,

Steven Westereng
Chair, Department of Athletic Training

JOIN US IN MINNEAPOLIS

UND Night at Target Field Pre-Game Party

July 18, 2019 - Minneapolis
UNDalumni.org/twins2019

All SMHS alumni and friends are invited to enjoy complimentary appetizers and refreshments before the 7:10 p.m. Twins game vs. Oakland. Special UND Night game tickets can be purchased at twinsbaseball.com/und.

Photo by Bruce Kluckhohn/MN Twins Courtesy of Meet Minneapolis



BIG YEAR FOR THE STUDENT ATHLETIC TRAINERS ORGANIZATION

This year the Student Athletic Trainers Organization (SATO) has been busier than ever. During National Athletic Training Month, the group hosted multiple fundraisers for North Dakota Special Olympics, as well as for their trip to the MAATA district meeting. A record-breaking 14 students made the trek down to Tulsa, Okla., which was made even more of an adventure thanks to flooding throughout the Midwest.

On top of the traditional bake sales the group has become well-known for, SATO branched out and hosted an AT night at Crooked Pint. Athletes, athletic trainers, and team physicians all showed up to help support the students' hard work.

The Second Annual Healthcare Clash took place in the form of a volleyball tournament this year. This event provided an opportunity for other programs within the SMHS to compete against each other to raise money. Programs that were represented were Physical Therapy, Occupational Therapy, medical students, Athletic Training, and the Simulation Center. It was the Sim Center who came out victorious, though, showing they know how to run not only simulators, but the volleyball court as well.



Another new activity the group participated in was UND's first ever Out of the Darkness 5k Campus Walk. The American Foundation for Suicide Prevention launched the campus walks in 2010 to help change the culture around mental health conditions. SATO finished in the top 5 at UND for their fundraising efforts to help increase suicide awareness.

ATHLETIC TRAINER OLYMPICS

After a controversial couple of years that left the Class of 2019 feeling jilted, extra caution was enacted to ensure objectivity in this year's AT Olympics events. The Olympics were off to a wild start this year, with the ice massage to find a nickel in an ice cup. Things quieted down as the concentration levels increased to focus on blindfold ankle taping and partner thumb taping where each person could only use one hand. Next up was a new one: Storage Room Sweep. Teams had to complete a "shopping list" of supplies needed from the storage room, which proved more difficult than players initially guessed. Steve brought a new event this year: opening a package of gum while wearing work gloves, a task that gave no team an advantage. Wrapping it all up came a game day clean-up relay, where teams had to collect event supplies spread throughout the Hyslop gym.

Thankfully (for we didn't want to see the outcome if they didn't win) the Class of 2019 came out victorious at the end of the day. Best team uniform, however, goes to the Class of 2020 with their Zubaz sponsored by Benji Wilebski.



2019 JAMES D. RUDD MEMORIAL SCHOLARSHIP WINNERS

Congratulations this year go to Elise Anderson and Kyler DeLancey! Both recipients just finished their first year in the athletic training program and were winners of the 2019 James D. Rudd Memorial Scholarship.

Elise Anderson is from Alexandria, Minn., and has previously been named to the President's Honor Roll. During her first year in the AT program, she learned how to be a leader for herself and to take control of her learning to be better prepared for the future. Elise plans to go on to Physical Therapy school after completing her AT degree. Down the road, she would like to end up back in Alexandria to practice as a PT or AT.

Kyler DeLancey is from Gillette, Wyo., and during her time at UND has taken an active role in student leadership positions. She is also a member of Pi Beta Phi. Although she is still trying to figure out where she will be after graduation, Kyler plans to work somewhere within the sports medicine world. She has enjoyed her time with Division I athletes, but has also entertained the idea of moving into the professional setting.



Elise Anderson receives her award from Steven Westereng



Kyler DeLancey receives her award from Steven Westereng

2019 NORTH DAKOTA ATHLETIC TRAINERS ASSOCIATION CLINICAL SYMPOSIUM AND BUSINESS MEETING

Mandan was the location this year's state-wide symposium to advance our profession and knowledge during the 2019 NDATA Clinical Symposium. The UND Department of Sports Medicine was well represented this year for the conference with several attendees, a conference speaker, and one of our senior athletic training students representing student leaders at the national level.



Mark Poolman ('92), faculty member in the department, opened the conference on Friday evening speaking to the audience about "Emergency Decision Making in Ice Hockey." Mark captivated the

audience with specific, personally-experienced scenarios from UND Hockey to allow attendees to: evaluate and differentiate when to spine board on ice; identify potential on ice emergencies and formulate emergency protocols; and develop Emergency Action Plans specific to hockey.

Kerry Hoffman ('19), graduating senior athletic training student, spoke at the conference about her experience at the Athletic Training Student Leadership Conference (iLead). Kerry (right) was sponsored by the NDATA to represent the state of North Dakota at iLead in January 2019. iLead, a leadership workshop for all levels of athletic training students, is a two-day intensive conference focusing on leadership skills from key NATA and Strategic Alliance Leaders. Kerry gained extensive knowledge on the importance of networking, communication, and professionalism to utilize in the field upon graduation.



Department of Sports Medicine

1301 N Columbia Rd Stop 9037

Grand Forks, ND 58202

Phone: 701.777.6572

med.UND.edu/sports-medicine

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SMHS ATHLETIC TRAINING ALUMNI & FRIENDS RECEPTION

Tuesday, June 25, 2019 • 6:30 - 8:30 p.m.

In conjunction with the NATA Annual Meeting (meeting registration not required).



Ri Ra Irish Pub

Bordello Room
Mandalay Bay Resort & Casino
3930 Las Vegas Blvd S
Las Vegas, NV

Hors d'oeuvres and refreshments
will be served.

RSVP online at: <https://UNDalumni.org/at2019>

ALUMNI ON THE BENCHES



Kara Wetzel ('16) & Jason Dandino ('14) –
UND Softball vs. Seattle University