

Course Title and Number: PT 651 Clinical Immersion and Community Health (4 cr)

Course Description: This course integrates effective communication strategies, fostering students' clinical skills by developing physical examination, critical thinking and reasoning skills, intervention design and clinical teaching for clients in a clinic/classroom setting. In addition, students are immersed in health prevention, promotion and wellness in community-based settings.

Department Offering the Course: Physical Therapy

Credit Hours: 4 credit hours

Instructor: Cindy Flom-Meland, Mohamed Elhamadany, Amanda Wilson, Michelle LaBrecque, Brittany Johnson

Clock Hours and Schedule:

Schedule: days/times vary depending on activity/session

Course Prerequisites:

Registered in Professional Physical Therapy curriculum.

Course Objectives: Following completion of this course, the student will be able to:

1. demonstrate professional behavior in all interactions with patients/clients, families, and other healthcare providers.
2. develop a physical therapy plan of care in a clinic/classroom setting following the patient-client management model: Examination, evaluation, diagnosis, prognosis, intervention, and outcomes.
3. participate in a community-based exercise/activity program including application of proper dosing of exercise and interview with a client regarding physical activity.
4. to foster an inter-professional approach in service delivery.
5. value the APTA Core Values of social responsibility and altruism.

Outline of Contents and Assigned Instructor:

See the attached course syllabus.

Description of Teaching Methods and Learning Experiences:

Lab

Discussion

Grade Components: (no weighting will be used for grades)

A 90% - 100%

B 80% - 89%

C 76% - 79%

****late assignments will result in a minimum of a 10% point reduction**

Spring 2024
PT 651 Clinical Immersion and Community Health
 Variable days; times
 Faculty: Cindy Flom-Meland, Mohamed Elhamadany, Amanda Wilson,
 Michelle LaBrecque, Brittany Johnson

DATE	LECTURE/LAB
January 10	Introduction to the course (will meet at 11:30 following PT 538)
January 15-19	Community classes begin and run through the semester
January 22-26	Community classes and assessments run throughout the semester
Jan 29 to Feb 2	Spectra (Feb 1: 4:45-7:00 pm)
February 5-9	Nursing SIM <u>Feb 7</u> (10 am – 12 pm); Nursing SIM <u>Feb 8</u> (10:30 am to 12:30 pm); Spectra (Feb 8: 4:45-7:00 pm)
February 12-16	Spectra (Feb 15: 4:45-7:00 pm)
February 19-23	Spectra (Feb 22: 4:45-7:00 pm)
Feb 26 to March 1	Spectra (Feb 29: 4:45-7:00 pm)
March 4-8	Spring Break
March 11-15	Prep for pro bono clinic; Spectra (March 14: 4:45-7:00 pm)
March 18-22	Pro bono clinic week 1; Spectra (March 21: 4:45-7:00 pm)
March 25-29	Pro bono clinic week 2; Spectra (March 28: 4:45-7:00 pm)
April 1-5	Pro bono clinic week 3; Spectra (April 4: 4:45-7:00 pm)
April 8-12	Pro bono clinic week 4; Spectra (April 11: 4:45-7:00 pm)
April 10	Infant Assessment Lab prep (all students to attend)
April 15-19	Pro bono clinic week 5; Spectra (April 18: 4:45-7:00 pm)
April 22-26	Pro bono clinic week 6; Spectra (April 25: 4:45-7:00 pm)
April 23	Infant Assessment Lab prep (all students to attend – course switch with PT 642)
April 26	Infant Assessment Lab prep (all students to attend)
April 27	Infant Assessment Lab – with OT students (9 am to 12 pm; this is a Saturday)
April 29 to May 3	Pro bono clinic week 7; Spectra (May 2: 4:45-7:00 pm)
May 6-10	Finals Week

Required and Recommended Readings:

Current research and sources as needed for client preparation.

Activities and Assignments:

1. Community Exercise Programs – see content folder in Bb for sign-up, instructions, and assignment submission
2. Spectra Health – see the content folder in Bb for your assigned day
3. Balance & Strength Screening at Grand Forks Senior Center – see content folder in Bb for assigned day and additional information/instructions
4. Wellness Senior Fitness Assessment – see content folder in Bb for additional information
5. Infant Assessment Lab - see content folder in Bb for additional information
6. Pro Bono Clinic - see content folder in Bb for additional information

Academic Integrity:

In accordance with the rules concerning scholastic dishonesty in the Code of Student Life* at the University of North Dakota, I affirm that I understand these rules and I agree to comply with them.

I will not:

- a) receive any additional information or assistance for any exam other than what was provided during class or approved tutor sessions
- b) copy from another student's test
- c) collaborate with or seek aid from another student who may have previously taken the exam
- d) knowingly use, buy, sell, steal, or solicit in whole or in part the contents of any exam
- e) bribe another person to obtain information about any exam

Department of Physical Therapy Honor Code Pledge:

“Upon my honor as a professional student in the physical therapy program at the University of North Dakota, I pledge that I will not give nor receive unauthorized aid on written examinations, laboratory practical examinations, written assignments, take home assignments or clinical assignments”

Examination disclaimer: “I affirm that I have adhered to the Honor Code in this assignment”

A. Forms of Academic Dishonesty. Academic dishonesty includes, but is not limited to:

1. Copying or distributing examination items
2. During testing, using crib notes or various forms of technology not authorized by faculty
3. Copying another student's written paper or examination, with or without their knowledge
4. Helping someone else cheat on a test
5. Communicating or collaborating during a test by electronic means such as instant messaging, telephone, texting, smart watches, or social media.
6. Discussing test items or answers (written or laboratory) with students who have not yet taken the examination
7. Cutting and pasting text from any source without giving proper citation to that source
8. Plagiarism of any materials
9. Fabricating or falsifying written materials
10. Falsely reporting information or actions in clinical or classroom laboratories
11. Submitting the same paper, or a substantially similar paper, for the requirements of more than one course without the approval of the instructor(s) concerned
12. Submitting term papers or assignments written by another person

13. Consenting to having one's work used by another student as his or her own
14. Collaborating on a project (in person or via electronic means) when the instructor asked for individual work
15. Using a false excuse to obtain an extension on a due date or delay an examination
16. Depriving other students of necessary course materials by stealing books, periodicals, or other materials from libraries, AV centers, etc.

If problems occur, students are required to work through channels of communication to resolve the problem before going to the chair or dean. The channel is student, instructor, chair, associate dean health sciences, and dean. rev 2/06, 5/06, 5/07, 4/08, 5/09, 5/10, 5/11, 8/13, 8/14, 8/15, 8/16, 8/19

Notice of Nondiscrimination

It is the policy of the University of North Dakota that no person shall be discriminated against because of race, religion, age, color, gender, disability, national origin, creed, sexual orientation, gender identity, genetic information, marital status, veteran's status, or political belief or affiliation and the equal opportunity and access to facilities shall be available to all. Concerns regarding Title IX, Title VI, Title VII, ADA, and Section 504 may be addressed to Donna Smith, Assistant Vice President for Equal Opportunity and Title IX/ADA Coordinator, 102 Twamley Hall, 701.777.4171, UND.EO.TitleIX@UND.edu or the Office for Civil Rights, U.S. Dept. of Education, 230 S. Dearborn St., 37th Floor, 500 West Madison, Suite 1475, Chicago, IL 60611 or any other federal agency.

Accessibility Statement

The University of North Dakota is committed to providing equal access to students with documented disabilities. To ensure access to this class and your program, please contact [Accessibility for Students](#) to engage in a confidential discussion about accommodations for the classroom and clinical settings. Accommodations are not provided retroactively. Students are encouraged to register with Accessibility for Students at the start of their program.

More information can be obtained by email, UND.accessibilityforstudents@UND.edu, or by phone at 701.777.2664.

Religious Accommodations

UND offers religious accommodations, which are reasonable changes in the academic environment that enable a student to practice or observe a sincerely held religious belief without undue hardship on the University. Examples include time for prayer or the ability to attend religious events or observe a religious holiday. To request an accommodation, complete [student religious accommodation request form](#) . If you have any questions, you may contact the [Equal Opportunity & Title IX Office](#).

Pregnancy Accommodations

Students who need assistance with academic adjustments related to pregnancy or childbirth may contact the [Equal Opportunity & Title IX Office](#) or Academic Affairs to learn about your options. Additional information and services may be found at [Pregnancy Resources](#).

Reporting Discrimination, Harassment, or Sexual Misconduct

If you or a friend has experienced sexual misconduct, such as sexual harassment, domestic violence, dating violence, or stalking, please contact the [Equal Opportunity & Title IX Office](#) or UND's Title IX Coordinator, Donna Smith, for assistance at 701.777.4171 or donna.smith@UND.edu.

You may also contact the Equal Opportunity & Title IX office if you or a friend has experienced discrimination or harassment based on a protected class, such as race, color, national origin, religion, sex, age, disability, sexual orientation, gender identity, genetic information, pregnancy, marital or parental status, veteran's status, or political belief or affiliation.

Faculty Reporting Obligations Regarding Discrimination, Harassment, or Sexual Misconduct

It is important for students to understand that faculty are required to share with UND's Title IX Coordinator any incidents of sexual misconduct or of discrimination or harassment based on a protected class that they become aware of, even if those incidents occurred in the past or are disclosed as part of a class assignment. This does not mean an investigation will occur if the student does not want that, but it does allow UND to provide resources to help the student continue to be successful at UND. If you have been impacted by discrimination, harassment, or sexual misconduct, you can find information about confidential support services at the [Equal Opportunity and Title IX](#) webpage.

Health and Safety

UND is committed to maintaining a safe learning environment while providing quality learning experiences for our students. As such, UND asks students and instructors to be flexible when necessary to promote a safe environment for learning. Please do not attend an in-person class or lab if you are feeling ill or if you have been directed by health professionals to quarantine or isolate. UND follows isolation and quarantine guidelines recommended by the [CDC and the North Dakota Department of Health](#). If you are not able to attend class or lab, please notify your instructor as soon as possible and discuss options for making up any missed work in order to ensure your ability to succeed in the course. If you will have an extended absence due to serious illness or other uncontrollable circumstances, you may request an absence notification through the [Office of Community Standards](#). Similarly, if your instructor is ill they may need to cancel class or temporarily move your course to online delivery to ensure that you are able to complete the course successfully. Please consult the [COVID-19 at UND](#) webpage for information regarding on-campus COVID-19 testing, isolation and quarantine guidelines, and vaccines.