

PT 635: Management of the Older Adult Patient: Course Schedule – Spring 2024

Wed: 1/10	Into Aging Activity-meet in room W203 Group 1 – 3:00-4:10 (Erin L through Darrel W) Group 2 – 3:50-5:00 (Victor A through Maria L) Utilize additional time to complete assignments.	To Do by 1/17: 1. Watch and reflect: Dr. Dale Avers presentation. 2. Reflection: of “Into Aging” game 3. Read: CH 1-2, Theories of Aging (Bonder) and Ch 1 intro (Staples)
Wed: 1/17	Lecture: Theories of Aging and Intro to Aging (Amanda) Patient portfolio: -Discuss assignment #1 & #3 (ongoing)	To do by 1/24: 1. Assignment #1 Patient portfolio description and Assignment #3a- Aging 2. Read: Ch 28 (Bonder), read the senior fitness test
Wed: 1/24	Lecture: Physical Activity in the Older Adult, Senior Fitness Test (Amanda) Patient portfolio: -Discuss Assignment #2	To do by 1/31: 3. Read: Ch 10&15(Bonder) and Ch2 Musculoskeletal Intro only (Staples) 4. Assignment #2 Wellness HEP
Wed: 1/31	Lecture: Musculoskeletal Impairments and Function in the Older Adult (Brittany) Patient portfolio development: -Musculoskeletal module	To do by 2/7: 1. Assignment #3b- Musculoskeletal
Wed: 2/7	Exam 1: Aging, Physical Activity, Musculoskeletal	To do by 2/14: 1. Read: Ch 16 Falls risk and prevention (Bonder)
Wed: 2/14	Lecture: Balance and Falls (Brittany) (CSM-no Amanda or Cindy) Patient Portfolio development -Falls and balance module	To do by 2/21: 1. Read: Ch 9&14 Sensory Function (Bonder) and CH 3 Neuromuscular Intro only (Staples) 2. Assignment #3c- Falls/Balance
Wed: 2/21	Lecture: Neuromuscular/Sensory (Cindy) Patient portfolio development: -Sensory module	To do by 2/28: 1. Assignment #3d- Neuro
Wed 2/28	Exam 2: Neuromuscular/sensory, Falls/Balance	To do by 3/13: 1. Read: Ch 8&13(Bonder) and Ch 4 Cardiovascular intro only (Staples)
Wed: 3/6	Spring Break, No class	
Wed: 3/13	Lecture: Cardiopulmonary and Cardiovascular (Amanda) Patient Portfolio Development -Cardiopulmonary module	To do by 3/20: 1. Read: Ch 27 Functional Performance (Bonder)
Wed: 3/20	Lecture: Geriatric Syndromes, Frailty, and Functional Assessments (Amanda) Patient Portfolio -Discuss assignment #4	To Do by 3/27: 1. Read Ch 17 (Bonder) and Ch 6 Medically Complex intro only (Staples) 2. Assignment #4: updated HEP/POC
Wed: 3/27	Lecture: Consideration for Medical Care of Older Adults-5 Ms (Cindy) Patient Portfolio Development -Complex diagnosis module	

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Wed: 4/3	Exam 3: Cardio, Geriatric Syndromes, Frailty, Functional assessments, and Medical Care of Older Adults-5Ms	To Do by 4/10: <ol style="list-style-type: none"> 1. Read: Ch 7&12 Cognitive Function (Bonder) 2. Complete: Age Friendly Microlearning, Modules 1-6, dakotageriatrics.org
Wed: 4/10	Psych Aspects of Medical Conditions in Later Life <i>Guest Lecture: Cindy Janssen, OT</i> Patient Portfolio Development -Psych module	To do by 4/17: <ol style="list-style-type: none"> 1. Read: Ch 6 &34 (Bonder) and Ch 7 Other geriatric issues intro only (Staples) 2. Assignment #3e: Psych Aspects
Wed: 4/17	Lecture: Continuum of care and Ethical Considerations (Cindy) Patient Portfolio Development -Continuum of care module	To do by 4/24: <ol style="list-style-type: none"> 1. Assignment #5: Completed Portfolio Modules
Wed: 4/24	Class Presentations (10 min/group)	To do by 5/1: <ol style="list-style-type: none"> 1. Assignment #6: Reflection of portfolio
Wed: 5/1	Current Topics in Geriatrics	
May 6-10th	FINAL EXAM - Cumulative	

*Syllabus and schedule subject to change, will update in blackboard.