PT 541: Clinical Examination and Evaluation III—2023

Course Description: PT 541: Clinical Examination and Evaluation III. 3 Credits. Prerequisite: Registered in professional physical therapy curriculum. Emphasizes patient/client management elements of examination and evaluation. Emphasis is given to systems review and differential diagnosis; clinical decision making resulting in referral and/or modified physical therapy interventions; and the communication of findings. Lecture. Laboratory.

Department Offering the Course and Instructor(s):

Physical Therapy

David Relling, PT, PhD; Amanda Wilson, PT, DPT; Mohamed Elhamadany, PT, DPT, PhD, PCS

Classroom: SMHS Room E312 Phone: 701 777-4091 (Dave) Office Hours: By Appointment.

Credit Hours: 3 credit hours

Clock Hours: Tuesday 1-3 pm; Thursday 7:30-9:30 am

Teaching Methods and Learning Experiences: Lecture. Discussion. Laboratory. Written assignments relative to PT examination, evaluation, intervention, and/or referral. Lecture and laboratory examinations.

Course Prerequisites: Registered in Professional Physical Therapy Curriculum.

Curriculum Practice Model: PT 541 Clinical Examination and Evaluation III contributes to the Curriculum Practice Model in the areas of Clinical Sciences and Patient/Client Management.

Course Objectives:

Screening Procedures: At the completion of the course, the physical therapy student will be able to:

- 1. Correctly identify and perform screening procedures (subjective and objective) for constitutional signs and symptoms. (CAPTE SRE 7C; 7D 17, 18, 20. Cognitive Domain= application; Psychomotor Domain= Complex Overt Response. All= Intermediate.
- 2. Correctly differentiate and perform screening procedures (subjective (including pain) and/or objective) for medical disease in each of the following systems: psychological, cardiovascular, pulmonary, hematologic, integumentary, gastrointestinal, renal/urologic, reproductive, hepatic and biliary, endocrine and metabolic, oncologic, immunologic. (CAPTE SRE 7C, &D5, 17, 18, 19 (e,g,j,k,l,o,p,q,r,s,t,u,v,w),20. Cognitive Domain= Analysis; Psychomotor Domain= Complex overt response. All= Intermediate)

- a. Screening procedures include: history; presentation and management of the patient's/client's current condition; past medical and surgical histories; family history; medications; medical tests and results (clinical laboratory and radiographic findings); work environments; past and current social, sleep, and fitness habits; and a review of systems, including constitutional symptoms.
- b. Objective screening procedures for the systems identified above will include observation, auscultation, palpation, and percussion as defined for PT students on the laboratory examination rubrics.

Case Scenarios: When provided with a case scenario, the student will be able to:

- 3. Choose, complete, and evaluate the findings of the appropriate differential screening procedures. (CAPTE SRE: 7C, 7D5, 16, 17, 18, 19(e,g,j,k,l,o,p,q,r,s,t,u,v,w), 20, 22. Cognitive Domain= Evaluation; Psychomotor Domain= Complex overt response. A= Advanced.)
- 4. Determine the need for a medical consultation and/or referral. (CAPTE SRE 7D16; Cognitive Domain= Evaluation; All= Advanced)
- 5. If a consultation and/or referral is/are needed, determine the mechanism (oral or written communication), content (findings of the screening) and time frame (emergency, urgent, non-urgent) appropriate for the initial referral. (CAPTE SRE: 7D10, 11, 16, 33; Cognitive Domain= Analysis; All= Intermediate to Advanced)
- 6. Determine how a stated medical diagnosis (and co-presenting laboratory and imaging findings and medications) will impact the physical therapy management of the patient/client. (CAPTE SRE: 7C, 7D10, 11, 20, 23; Cognitive= Analysis; All= Intermediate to Advanced.)
- 7. Alter and/or add to the physical therapy plan of care appropriately. (CAPTE SRE: 7C, &D10, 11, 18, 2-, 23, 24; Cognitive= Synthesis; All= Advanced.)
- 8. Identify and discuss the contributions of the various team members (including family members, support personnel, and professionals) involved with management of the patient/client. (CAPTE SRE: 7D7, 16, 24, 36, 39; Cognitive= Comprehension; All= Intermediate.)
- 9. Revise the physical therapy plan of care appropriately, based upon the resolution or regression of the physical therapy and/or medical status of the patient/client. (CAPTE SRE: 7C, 7D10, 11, 16, 20, 23, 24, 26, 30; Cognitive= Evaluation; All= Advanced)

Communication: At the completion of the course, the physical therapy student will be able to:

10. Provide constructive (oral) feedback to the evaluator (classmate) as to oral communications provided and techniques performed during systems screening

examination and the development of plans of care. (CAPTE SRE: 7D5, 7, 8; Cognitive= Evaluation; Psychomotor= Origination; All= Advanced.)

General Directions:

Class attendance is expected. Please have available textbooks, readings, assessment tools, and computers. Be prepared to wear appropriate lab attire. (Women: shorts, sports bra & tank top. Men: shorts)

Methods of Evaluation: Assignments and Grading

Written assignments will be structured around a patient/client scenario involving a systemic and/or musculoskeletal diagnosis. Examination and evaluation procedures, including screening procedures; diagnoses; prognoses; goals; plans of care with referrals and educational programming; and physical therapy interventions are to be addressed. 'Typical' interventions may be altered or additional interventions may be provided to accommodate the medical diagnosis. The impact of medications on clinical decisions will be addressed. Evidence based clinical decision making will be emphasized. Written assignments will be part of select topic areas on the syllabus. See additional case instructions.

Your grade is based upon written assignments, lecture and laboratory examinations, and participation. **Weighting of grades is as follows:**

Activity	Weight
Written projects involving case scenarios (5 cases)	30%
Clothesline project	Required
Bloodborne Pathogen Content	5%
Three written examinations (15% per exam)	45%
Practical Examination	15%
Assignments/Attendance/Participation	5%

FINAL GRADING:

A= 90-100%	Starfish flags will be sent to individual students who receive less than 80% on an assignment or examination. The flag notification requires the student to meet with the faculty member sending the notification. An action plan may be implemented.	
B= 80-89.9%		
C= 76-79.9%	To pass the course, written examinations with a score lower than 76% must be retaken and the student must achieve a passing grade of 76% or higher. The original grade is retained	
F< 76%	for grading purposes. Retakes of laboratory examinations follow the UND PT Scholastic Standards document.	

ACADEMIC INTEGRITY:

In accordance with the rules concerning scholastic dishonesty in the Code of Student Life at the University of North Dakota, As a student, I affirm that I understand these rules and I agree to comply with them. I will NOT:

- a) receive any additional information or assistance for any exam other than what was provided during class or approved tutor sessions.
- b) copy from another student's test.
- c) collaborate with or seek aid from another student who may have previously taken the exam.
- d) knowingly use, buy, sell, steal, or solicit in whole or in part the contents of any exam.
- e) bribe another person to obtain information about any exam.

Statements on Academic Dishonesty may be found in UND's Code of Student Life.

UND is committed to maintaining a safe learning environment while providing quality learning experiences for our students. COVID-19's continued presence within our UND community may necessitate changes in classroom management as the academic year progresses. As such, UND asks students and instructors to be flexible when necessary to promote a safe environment for learning. Please do not attend an in-person class or lab if you are feeling ill, particularly if you are experiencing symptoms of COVID-19, or if you have been directed by health professionals to quarantine or isolate. If you are not able to attend class or lab, please notify your instructor as soon as possible and discuss options for making up any missed work in order to ensure your ability to succeed in the course. If you will have an extended absence due to serious illness or other uncontrollable circumstances, you may request an absence notification through the Office of Student Rights and Responsibilities. Similarly, if your instructor is ill they may need to cancel class or temporarily move your course to online delivery to ensure that you are able to complete the course successfully. Instructors may require students to wear masks in the classroom or in the laboratory as a preventative measure designed to facilitate uninterrupted classroom engagement and to facilitate health and safety in the classroom. If your instructor does require masks in class or in a laboratory, you are expected to comply with that request.

Students who test positive for COVID-19 are expected to immediately self-isolate/quarantine. The policy related to COVID-19 may change throughout the semester due to community spread and updated CDC guidelines. Please check the policy frequently and ask faculty if you have any questions.

UND also strongly encourages all members of the University community, including students, to get vaccinated, seek out testing when needed, and model positive behavior both on- and off-campus to foster a healthy and safe learning environment for all students. Individuals who would like to discuss disability accommodations regarding masks should contact the Disability Services for Students (DSS) office at 701-777-2664 or UND.dss@UND.edu. Individuals who are unable to wear a mask due to a sincerely held religious belief should contact the UND Equal Opportunity and Title IX Office at 701.777.4171 or UND.EO.TitleIX@UND.edu.

DISABILITY ACCESS STATEMENT

Contact me (Dave Relling) to request disability accommodations, discuss medical information, or plan for an emergency evacuation. To get confidential guidance and support for disability

accommodation requests, students are expected to register with DSS, www.UND.edu/disability-services. (190 McCannel Hall | 701.777.3425 | 711 for Relay)

Course Syllabi Statements

Notice of Nondiscrimination

It is the policy of the University of North Dakota that no person shall be discriminated against because of race, religion, age, color, gender, disability, national origin, creed, sexual orientation, gender identity, genetic information, marital status, veteran's status, or political belief or affiliation and the equal opportunity and access to facilities shall be available to all. Concerns regarding Title IX, Title VI, Title VII, ADA, and Section 504 may be addressed to Donna Smith, Director of Equal Employment Opportunity/Affirmative Action and Title IX Coordinator, 401 Twamley Hall, 701.777.4171, und.affirmativeactionoffice@UND.edu or the Office for Civil Rights, U.S. Dept. of Education, 500 West Madison, Suite 1475, Chicago, IL 60611 or any other federal agency.

Reporting Sexual Violence

If you or a friend has experienced sexual violence, such as sexual assault, domestic violence, dating violence or stalking, or sex-based harassment, please contact UND's Title IX Coordinator, Donna Smith, for assistance: 701.777.4171; donna.smith@UND.edu or go to UND.edu/affirmative-action/title-ix.

Faculty Reporting Obligations Regarding Sexual Violence

It is important for students to understand that faculty are required to share with UND's Title IX Coordinator any incidents of sexual violence they become aware of, even if those incidents occurred in the past or are disclosed as part of a class assignment. This does not mean an investigation will occur if the student does not want that, but it does allow UND to provide resources to help the student continue to be successful at UND. If you have been the victim of sexual violence, you can find information about confidential support services at UND.edu/affirmative-action/title-ix.

PT 541 Clinical Examination & Evaluation III Spring 2023

Lecture/Lab/Discussion

SMHS Room E221---Lecture Tuesday 1-3 pm; E312--- Lab Thursday 7:30-9:30 am Instructors: Relling, Wilson, Elhamadany

Week	Day & Date	Topic	Readings	Faculty
1				
	1/10	Introduction to Class; Introduction to Processes for Case Scenarios Screening for Referral; Lab Items	G&S: 1, 2, 3, 4	Dave
	1/12	Cardiovascular Lab	G&S: 7; J: 3, 4, 12, 13	Dave
2	1/16	MLK HolidayNO Class		
	1/17	CardioVasc & Pulmonary	G&S: 8; J: 3, 4, 11	Dave
	1/19	Pulmonary Lab	J 11	Dave
3	1/24	Gastrointestinal	G&S: 9; J: 3, 4, 14	Mohamed
	1/26	GI Cases		
4	1/31	Hepatic/Biliary	G&S: 10; J: 3, 4, 14	Mohamed
	2/2	GI & Hepatic/Biliary Lab		Mohamed
5	2/7	Written Exam I	Intro, CV, Pulm, GI, Hepatic/Biliary	
	2/9	Section I Review Lab		All
6	2/14	Integumentary; Hematologic	G&S 4,5; J 5	Amanda
	2/16	Practical Exam		ALL
7	2/20	President's Day—NO Class		
	2/21	Cancer/Oncology	G&S 14	Amanda
	2/23	CSMCase Study Writing		
8	2/28	Immunologic	G&S: 13; J: 3, 4, 6	Dave
	3/2	Interviewing & Psych Disorders /Substance Abuse		Sarah Nielsen, PhD, OTR/L
9	3/7	Motivational Interviewing		
	3/9	Written Exam II, (Clothesline Project Due)	Cancer/Oncology, Integumentary, Hematologic, Immunologic, Psych/Motivational interviewing	
10	3/14	Spring Break		
	3/16	Spring Break		
11	3/21	Endocrine/Metabolic	GS 12	Dave
	3/23	Urogenital	G&S: 11; G&F: 18. 19	Amanda
12	3/28	Urogenital Application—Holly Bommersbach	G&S: 11; G&F: 18, 19	Holly Bommersbach PT
	3/30	TBD		
13	4/4	TBD		
	4/6	TBD		
	4/7	Holiday Break—NO Class		
14	4/10	Holiday Break—NO Class		
	4/11	Neurological Disease	G&S: 5	

	4/13	MSK Hip and Pelvis	Jordan Miller and
			Megan Langerud
15	4/18	Bloodborne Pathogen	
	4/20	Case Application 1—U/E	Gary S.
16	4/25	Bloodborne Pathogen	
	4/27	Case Application 2—L/E	Gary S.
	5/1	Bloodborne Pathogen DUE	
	5/1-5	FINAL WRITTEN EXAM TBA	

COURSE TEXTs and URLs:

G&S: Heick J. & Lazaro RT, *Goodman and Snyder's Differential diagnosis for Physical Therapists: Screening for referral.* 7th ed. St. Louis, MO: Elsevier Saunders; 2023.

J: Jarvis C. Pocket Companion: *Physical Examination and Health Assessment.* 7th *Ed.* St. Louis, MO: Elsevier Saunders; 2016.

G&F: Goodman CC, Fuller KS. *Pathology: Implications for the Physical Therapist (5th ed)*. St. Louis, MO: Elsevier Saunders; 2021. (Pathophysiology resource textbook)

University of California San Diego School of Medicine Physical Examination Guides: https://meded.ucsd.edu/clinicalmed/introduction.html