

HEALTH SCIENCES CLASS ACTIVITY PLAN

This document is developed to provide guidance and procedures to support courses where physical skills or application activities are taught for the Health Sciences programs at the University of North Dakota School of Medicine and Health Sciences. Physical skills and application activities courses and training are necessary components of the educational programs for all health science professionals. Accrediting bodies for the health sciences programs require and expect courses with physical skill and application activities performance to be taught, demonstrated and evaluated during the professional education program. This document is subject to change. In the event of a discrepancy between this document and SMHS policy, the SMHS policy will supersede this document.

The goals of this guidance and procedures document are: 1. Provide necessary in-person education in physical examination and intervention skills in the safest way possible for students, faculty, and staff; 2. Minimize potential for disease transmission; 3. Maximize use of personal protective equipment and disinfecting agents; and 4. Provide guidance to individuals with possible COVID-19 disease OR exposure to COVID-19 positive individuals.

INFORMED CONSENT:

Students will be provided with an informed consent document prior to initiating courses with physical skills/application activities for each semester. (See Appendix 1) Students must sign and return the informed consent document prior to beginning any courses with physical skills and application activities/labs for that semester.

SCREENING:

People with COVID-19 may have a wide range of symptoms ranging from mild to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with symptoms may have COVID 19 and should avoid the SMHS, classmates, faculty and staff. The symptomatic person may utilize the Centers for Disease Control "Self Checker Guide" at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html#> The person may return to the SMHS after a COVID-19 negative test OR 72 hours after all symptoms have resolved. To facilitate early detection of symptoms, students, faculty and staff will complete a daily self-check prior to leaving their homes and/or entering the SMHS. Students, faculty and staff are healthcare professionals that understand the importance of public safety for all. Willful disregard or falsification of symptoms will lead to disciplinary action. The daily self-check will include assessment of signs and symptoms of COVID-19 disease or other illness including the following:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In the case of emergency warning signs, the person should seek immediate emergency medical attention. Emergency warning signs include:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

SCREENING PRIOR TO COURSES WITH PHYSICAL SKILLS/APPLICATION ACTIVITIES:

Physical skills and application activities require that students and faculty are closer than the recommended physical spacing of six feet. To minimize potential transmission of infectious diseases such as COVID-19, each person will perform daily self-screening and a daily temperature check (see “Screening” section). The lab screening process will include asking for signs or symptoms of disease and confirmation of appropriate personal protective equipment. Individuals with signs/symptoms, fever (temperature $\geq 100^{\circ}$ F), or missing personal protective equipment (PPE) will not be allowed to participate in physical skills activities/lab.

USE AND TRAINING PERSONAL PROTECTIVE EQUIPMENT AND DISEASE TRANSMISSION:

Personal protective equipment (PPE) is important for reducing the spread of COVID-19 by protecting not only yourself but others around you. COVID-19 is spread through respiratory droplets produced when a person coughs, sneezes, laughs or talks. These droplets can land in the mouth/nose of others and be inhaled into the lungs. A person may be asymptomatic but can still spread the disease.

Physical skills and application activities require that students and faculty are closer than the recommended physical spacing of six feet. To minimize potential transmission of infectious disease such as COVID-19, each person will utilize PPE. The minimum required PPE for course activities that include physical distances less than six feet include a facial covering AND a face shield that covers the face from above the eyebrows to below the chin. Additional PPE may be required for those activities where more substantial physical contact may be required (i.e. transfer training).

PPE can help reduce the spread of droplet transmission from one person to the other by providing a barrier. Face coverings are recommended for use in the general public for the protection of self and others. By wearing a face covering, you not only protect yourself from others but also protect others from droplets that you may be spreading. For SMHS students, faculty and staff involved in physical skills and application activities a face covering and face shield will be required. Even if using PPE, you still should maintain physical spacing of at least six feet whenever possible. Proper, frequent hand

hygiene with soap and water or hand sanitizer with greater than 60% alcohol is required regularly.

Proper hand hygiene: Students, faculty and staff should use and demonstrate appropriate hand hygiene, by thorough hand washing or the use of approved hand sanitizer, before and after contact with other people. Proper hand hygiene includes rinsing hands with water, scrubbing hands with soap for at least 20 seconds, and rinsing hands with water. When using an alcohol based hand sanitizer, make sure the solution contains at least 60% alcohol and that it is dispersed onto all hand surfaces through rubbing. The hand sanitizer should be fully dried on the hands prior to touching objects. Hand hygiene is performed:

1. Before contact with a student, staff, or faculty member.
2. Before performing lab skills.
3. After contact with a student, staff, or faculty member.
4. After contact with objects in the lab space.
5. Before and after using gloves.
6. During donning and doffing of PPE.

Process for donning face coverings: perform hand hygiene, apply face covering making sure the nose and mouth are both covered, apply face shield, perform hand hygiene

Process for removing face coverings: perform hand hygiene, remove face shield (if applicable) avoiding front of shield where it is contaminated, perform hand hygiene if hands become contaminated during removal process, remove face covering being careful to not touch the front of the face covering where it is contaminated, perform hand hygiene.

Perform hand hygiene between steps if hands become contaminated. If reusing a face covering or face shield you should have a clean bag (paper bag preferred) to store these items. Do not throw used face coverings into backpacks, purses, into pockets, etc. Disinfect them as appropriate. **With cloth face coverings, wash and dry on the highest heat setting to clean.*

Please see video's and resources below for further details on processes.

CDC video on donning PPE: <https://www.youtube.com/watch?v=of73FN086E8>

CDC video on doffing PPE: <https://www.youtube.com/watch?v=PQxOc13DxvQ>

Other resources:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>
<https://www.cdc.gov/hai/pdfs/ppe/ppe-sequence.pdf>
<https://www.cdc.gov/hai/pdfs/ppe/ppeslides6-29-04.pdf>

PHYSICAL SPACE AND EQUIPMENT CLEANING STANDARDS

- a. All exposed surfaces (desks, counter tops, chairs) will be cleaned with CDC approved anti-viral and anti-bacterial cleaners at the start and end of each day.
 - i. Cavicide spray and wipes will be utilized as directed by manufacturer.
 - ii. A bleach and water solution may be used as a substitute (1/3 cup bleach per 1 gallon of water).
- b. Treatment surfaces will be cleaned with appropriate anti-viral and anti-bacterial cleaners after a student has utilized that surface
 - i. No pillows will be utilized at this time
 - ii. Minimal laundry will be utilized during labs
 - iii. Remove all unnecessary equipment and supplies from each area
- c. Single-use devices are discarded after use and are not used for more than one person. Devices that are re-used must be disinfected between people.
- d. Floors and other hard surface areas will be cleaned at the end of each day with an approved disinfectant by University custodial staff.
- e. Faculty, staff and students engaged in environmental cleaning should wear appropriate PPE to prevent exposure to infectious agents or harsh chemicals.

Transmission Based Precautions and Restriction from Face to Face Activities

- a. Respiratory etiquette sign is posted on all lab doors and by sinks
- b. Tissues, waste basket, and hand sanitizer are available in all lab rooms.
- c. Students, faculty and staff with symptoms of respiratory infections will be managed to minimize exposure to the other students, faculty and staff.
- d. Restrictions on face to face activities will be implemented when signs/symptoms are present OR positive test for COVID-19.

Removal of Face to Face Restrictions After COVID-19 Diagnosis or Suspicion:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html>)

The decision to discontinue restrictions on participation for students, faculty and staff after confirmed COVID-19 should be made using either a test-based strategy or a symptom-based (i.e., time-since-illness-onset and time-since-recovery strategy) or time-based strategy as described below.

Symptomatic individuals with COVID-19 should remain in Transmission-Based Precautions/Restrictions until **either** (See Appendix 3 & 4):

- *Symptom-based strategy*
 - At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **AND** improvement in respiratory symptoms (e.g., cough, shortness of breath); **AND**, at least 10 days have passed *since symptoms*

first appeared

- *Test-based strategy*
 - Resolution of fever without the use of fever-reducing medications **AND**
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath), **AND**
 - Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens).

Individuals with laboratory-confirmed COVID-19 who have not had any symptoms should remain in Transmission-Based Precautions/Restrictions until either:

- Time-based strategy
 - 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test. It is possible that the duration of viral shedding could be longer or shorter than 10 days after their first positive test.
- Test-based strategy
 - Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected ≥ 24 hours apart (total of two negative specimens).

The CDC recommends consulting with local infectious disease experts when making decisions about discontinuing Transmission-Based Precautions/Restrictions for individuals who might remain infectious longer than 10 days (e.g., severely immunocompromised). (See SMHS [Inhibiting Conditions Policy](#))

The decision to discontinue empiric Transmission-Based Precautions/Restrictions by excluding the diagnosis of COVID-19 for a suspected COVID-19 student, faculty or staff member can be made based upon having negative results from at least one FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA.

- If a higher level of clinical suspicion for COVID-19 exists, consider maintaining Transmission-Based Precautions/Restrictions and performing a second test for SARS-CoV-2 RNA.
- If a person suspected of having COVID-19 is never tested, the decision to discontinue Transmission-Based Precautions/Restrictions can be made based upon using the symptom-based strategy described above.

Ultimately, clinical judgement and suspicion of SARS-CoV-2 infection determine whether to continue or discontinue empiric Transmission-Based Precautions/Restrictions.

Guideline for participating in physical skills or application activities

The following guideline will be followed for all student face to face activities when six feet physical distancing is not possible.

Students should not participate in face to face activities if they have any the following symptoms:

- Cough
- Shortness of breath or difficulty breathing
- Fever (feeling feverish or a measured temperature of 100.0 F. (38 C.) or higher)
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell
- Please refer to the CDC website for updated information on symptoms:
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Students **cannot** attend face to face courses if they have been in **close contact** with someone who tested positive for COVID-19 **until completing a self-quarantine period of 14 days with no signs/symptoms.**

If students miss physical skills and application activities due to the above COVID-19 restriction, they will work with faculty to develop a plan for making up the activities in the course.

No food or drink will be allowed during face to face courses.

Procedure for courses with physical skills and application activities

- The student must wear a face covering that covers their nose and mouth.
- Hair length below shoulder level must be secured so that it does not pose a contamination risk.
- Students and faculty should remove all hand and wrist jewelry
- Students will enter through one entrance to keep the traffic flow in the same direction. (See Appendix 2)
- Students will perform thorough hand hygiene upon classroom entry. This can be either handwashing with soap and water for 20 seconds, or use of hand sanitizer with at least 60% alcohol and rubbing hands until dry. Students should follow the hand hygiene protocol as established by the CDC (<https://www.cdc.gov/handwashing/when-how-handwashing.html>).
- Students will don a face shield. The face shield is worn at all times when students are closer than six feet apart.
- If students are working on close contact transfers, they will also wear a gown and gloves.

- Students and faculty will use gloves when procedure manuals are only available in paper form.
- Students should avoid touching their face, nose, or mouth. If this is necessary, the student must perform hand hygiene before and after.
- If students change partners during the lab session, hand hygiene must be performed.

If students leave the lab classroom for any reason, they should:

- Remove gloves (if needed)
- If wearing a gown, remove and fold
- Perform hand hygiene
- Remove face shield
- Perform hand hygiene and exit through the appropriate door

When returning to lab, students should complete the following before working with classmates and/or faculty:

- Enter through the designated door
- Perform hand hygiene
- Don gown (if needed)
- Don face shield
- Perform hand hygiene
- Don gloves (if needed)

Upon completion of physical skills and application activities, students should

- Remove gloves
- Remove gown
- Perform hand hygiene
- Remove and disinfect face shield (inside first then outside)
- Place face shield in the designated location
- Perform hand hygiene
- Exit room through the specified door while maintaining 6' distance between students.
- Face coverings must stay on; covering nose and mouth

Several students will stay after class to assist with room disinfection

- Disinfection of all tables and work surfaces, using the designated solution and spray bottle
- PPE will be worn, including gloves, by all individuals assisting in room clean-up

ROOM OCCUPANCY:

SMHS: E310: 25 people/activity; E311: 20 people/activity; E312: 40 people/activity.

Casper WY: AH306: 19 people/activity; AH305: 10 people/activity.

EQUIPMENT:

Door stops	Sink stations
Facial tissue	Hand soap
Thermometers (infrared)	Sanitizing wipes
Facial coverings/masks	Waste receptacles
Face shields/goggles	Dirty laundry receptacles
Hand sanitizing stations	Gloves
Hand sanitizer	

CLEANING OF EQUIPMENT AND ENVIRONMENT:

Equipment will be sanitized before and after each course session. Appropriate sanitizing solution (see Table 1) will be used OR a bleach and water mixture will be used (1/3 cup bleach to 1 gallon room temperature water).

Sanitizing between individual use of equipment is required.

Frequently Touched Surfaces to be sanitized between class sessions:

tables	handles
chairs	desks
doorknobs	keyboards and mouse
light switches	faucets and sinks
countertops	touch screens

END OF DAY DEEP CLEANING:

Used laundry bags closed and placed in appropriate area.

Spray all treatment tables and chairs with approved disinfectant.

Remove materials from countertops.

Spray all countertops with approved disinfectant.

Disinfectant wipes for keyboards, computer mouse, touchscreen, doorknobs, handles, faucets.

Table 1 List N: Products with emerging viral pathogens and human coronavirus claims for use against SARS-CoV-2.

EPA Registration Number	Active Ingredient(s)	Product Name	Follow the disinfection directions and preparation for the following virus	Contact Time (in minutes)
6836-336	Quarternary Ammonium	Lonza Disinfectant Wipes Plus (Gym Wipes in E311 & E312)	Human coronavirus	4 minutes
46781-6	Quarternary Ammonium; Isopropanol (Isopropyl alcohol)	Cavicide spray	Human Coronavirus	2 minutes
5813-122	Sodium hypochlorite	Clorox Splash-Less Bleach1	Human coronavirus	6
5813-50	Sodium hypochlorite	Ultra Clorox Brand Regular Bleach	Human coronavirus	5
777-83	Sodium hypochlorite	Lysol® Brand Bleach Mold And Mildew Remover	Rhinovirus; Norovirus	0.5 (30 seconds)

ENTERING CLASSROOM PROCEDURE:

Faculty block open the entrance door to minimize touching door handles and facilitate one entrance/one exit per room.

Faculty disinfect switches, sinks, counter space, keyboard, mouse, touchscreen.

Students wait in hallways, allowing six feet between each student.

Temperature check as needed.

Hand sanitizing station at entrance.

Face coverings, face shield, additional equipment near entrance of room.

Students fill room orderly, minimize movement throughout room. (See Appendix 2)

Students wipe down tables & chairs then obtain laundry for class.

EXITING CLASSROOM PROCEDURE:

Faculty block open door to exit room space.

Faculty disinfect switches, sinks, counter space, keyboard, mouse, touchscreen(s).

Students complete course activity.

Students wipe tables, chairs, mats, equipment with disinfectant wipes or approved disinfectant solution.

Students disinfect face shields with disinfectant wipes.

Return equipment to appropriate place in room.

Students orderly exit room to minimize movement & interaction through the room. (See Appendix 2) Dispose of laundry/trash in appropriate containers while exiting room.

Hand sanitizer station and hand sanitizing.

Students exit room.

REFERENCES:

California OSHA requirements for COVID-19 in workspaces:

<https://covid19.ca.gov/pdf/checklist-office-workspaces.pdf>

EPA List of disinfectants for use against COVID-19/SARS CoV-2: This site provides a list of EPA approved disinfectants for COVID. You can search by the disinfectants EPA number to check on a current item that you have. There is an Excel spreadsheet with a list of all approved disinfectants including product name, active ingredient, time on surface for disinfection.

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

CDC Reopening Guidelines can be found at the following site.

<https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html>

CDC Guideline for Healthcare Facility and Possible Patients with COVID 19.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>

CDC Guidelines on Donning and Doffing PPE. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>

CDC Hand Hygiene Recommendations and Alcohol Based Hand Rubs.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>

CDC Guidance for Ambulatory Care Settings. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ambulatory-care-settings.html>

CDC Guideline for maintaining supply of eye protection.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/eye-protection.html>

Interim U.S. Guidance for Risk Assessment and Work Restrictions for Healthcare Personnel with Potential Exposure to COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

Video on donning/doffing mask: <https://www.youtube.com/watch?v=JwPWdkbyizw>

Video on why donning/doffing mask properly is important:

<https://www.youtube.com/watch?v=eVJbenwzR1s>

APPENDIX

APPENDIX ONE

**University of North Dakota
School of Medicine and Health Sciences
Department of Occupational Therapy**

**Covid-19 Informed Consent to Participate in Physical Skills and Application Activities
2020**

This document is an addendum to the University of North Dakota Department of Occupational Therapy (UND OT) departmental policy “Informed Consent—Student Responsibilities and Requirements.”

I, _____(Student Name) understand that participating in physical skills and application activity course experiences is voluntary. It is my choice to complete my education at this time.

I understand that my department has sufficient personal protective equipment (PPE) for me to wear when participating in physical skills activities. The department will perform screening procedures to minimize the potential for exposure to people with COVID-19 infection. However, I may be at risk for exposure given the current pandemic, health care, and education environment.

If I am exposed to COVID-19, I will follow the University's policies and procedures for isolation and protection of others including other students, faculty, and the staff. The protections may include testing and self-quarantine. I understand that I will be responsible for my own health care costs, should I be exposed to and become infected with COVID-19.

I will notify my faculty member and department chair if I have symptoms of fever, cough, fatigue or feel generally ill and will stay home from classes until further medical evaluation. I will notify my faculty member and department chair if I have contact with someone who has tested positive for COVID-19 and will follow the appropriate policies and procedures outlined by the department, SMHS, UND and ND Department of Health. I understand that exposure and/or infection with COVID-19 may extend the time required to complete my occupational therapy education.

I acknowledge and attest that I have health care insurance as required by the program.

Name (Print) _____

Student Signature

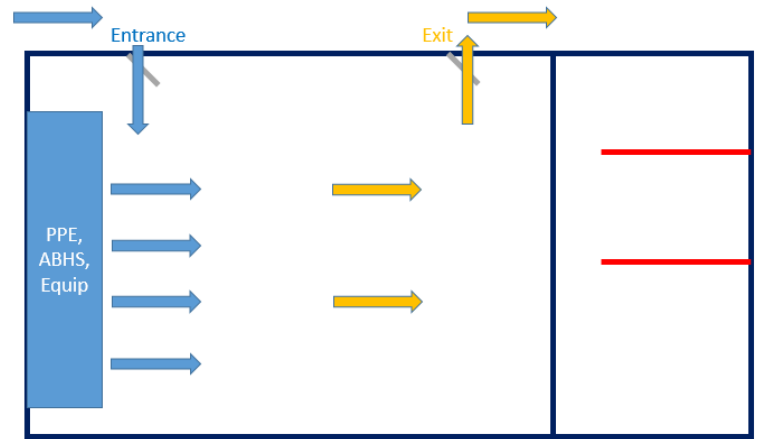
Date

Department Chair Signature

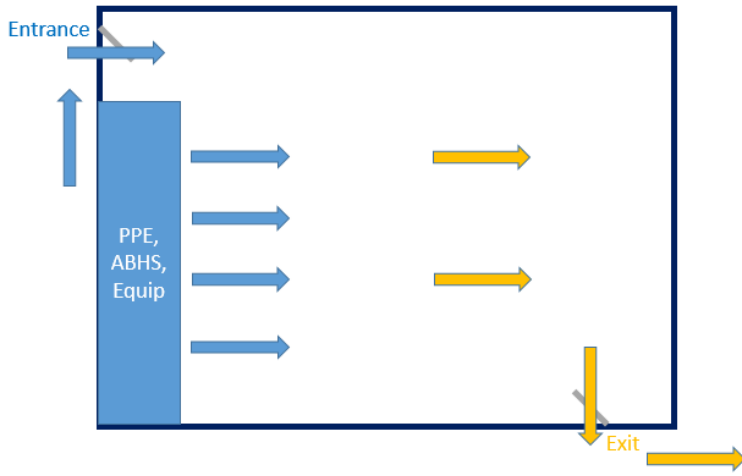
Date

APPENDIX TWO

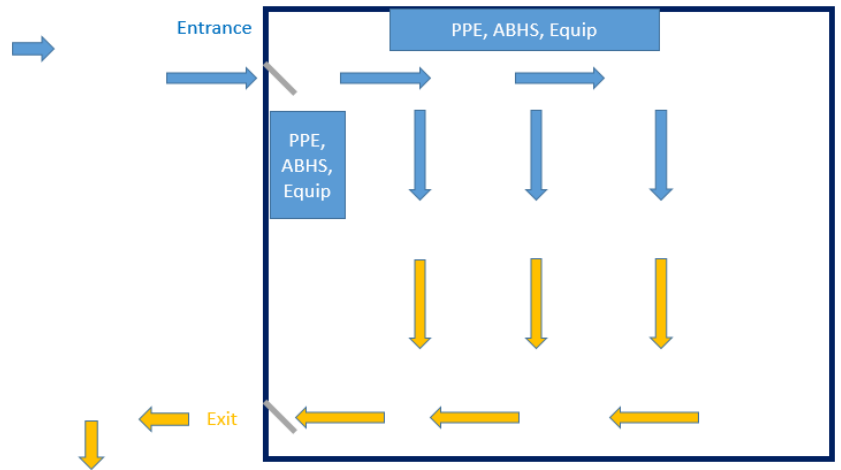
LAB SPACE ENTRANCE/EXIT FLOW: SMHS Room E310



SMHS Room E311



SMHS Room E312



APPENDIX THREE

EXAMPLE COMMUNICATION FOR STARTING THE SEMESTER:

Dear XXX,

I am writing with important information regarding the start of classes this semester. It is important that each of us is aware of changes in procedures due to COVID 19 and the importance of being safe and wise in our interactions with others. We have had members of the campus community test positive for the virus; this brings it home as being very real and very important that we protect ourselves and others within the campus community.

The university has developed guidelines for employees to follow if they test positive or have a family member or friend with whom they have had contact test positive. The University is working on policies for students with COVID-19 although there is a SMHS policy on [Inhibiting Conditions](#). The COVID-19 employee policies are based on CDC guidelines and State Health Department guidelines, therefore it is expected the policies and procedures for students will be very similar to the employee policies. Please review the information at this link and follow the policies and procedures if you have signs/symptoms, have tested positive for COVID-19, or have been in close contact with someone who has tested positive for COVID-19.

<http://blogs.und.edu/coronavirus/cases/>

This is a serious virus; it is our responsibility to be good citizens of our communities, the department, and the university and follow these procedures. If you test positive or have been in contact with someone who tests positive, we need to know if you have been on campus, what buildings you have entered, and what areas of the building you accessed. This will help the university/college know where to direct their efforts with sanitizing and disinfection.

There are three individuals who have been designated as needing to know the names of those individuals who have tested positive or have been in contact with people who have tested positive per the state health department guidelines and university procedures. These are Chief Eric Plummer (UND Police), Jen Berger (COVID Emergency Coordinator), and Rosy Dub (Director of Student Health). They will keep your name confidential, but they also have resources for making sure student needs are being met while they are self-quarantining. If you don't want to let me or the faculty know, please make sure to contact the Director of Student Health Rosy Dub at rosy.dub@email.und.edu or 701-777-3854.

Remember the faculty are here to support you and work with you. Take your health very seriously and be proactive with protecting others.

Thank you!

APPENDIX FOUR

EXAMPLE COMMUNICATION FOR COVID-19 EXPOSURE/COVID-19 POSITIVE TEST

The University of North Dakota and School of Medicine and Health Sciences have policies and procedures to address students and employees who have been exposed or diagnosed with infectious diseases like COVID-19.

At the SMHS, the “inhibiting conditions policy” for all SMHS students is available at <https://med.und.edu/policies/files/docs/3.7-inhibiting-conditions.pdf>. The policy states that “students who are known to have a condition (injury, illness, infection, environmental disease) that may negatively impact themselves, fellow students, staff, faculty or patients have a professional obligation to inform and work with UND SMHS faculty to develop a plan to balance their own health, safety, educational needs and confidentiality as well as the health and safety of others with whom they may come in contact.”

STUDENT ILLNESS: If a student is ill, the student should not attend class. If the student is ill, they should send the instructor(s) an email notifying them that you are ill as soon as possible. If a student attends class with symptoms consistent with COVID-19, the instructor will ask that student to leave the classroom and advise the student to return immediately to where they are living, self-quarantine, and call UND Student Health (777-4500) or the student’s primary health care provider. A student that is ill may also request an absence notification through the Office of Student Rights and Responsibilities at 777-2664, by email at UND.osrr@UND.edu, or online at <https://und.edu/student-life/student-rightsresponsibilities/index.html>. Students unable to attend class should email the course instructor(s) to arrange ways to stay up-to-date and complete the course(s) online.

COVID-19 POSITIVE TEST:

If a student has a positive COVID-19 test, the student should inform the chair of the department and contact the ND Department of Health (NDDoH). The NDDoH public health hotline is 1-866-207-2880 and available 8 a.m. - 5 p.m. - Monday through Saturday. The NDDoH will do contact tracing. Students are also requested to contact the UND Safety Office at 701.777.3341.

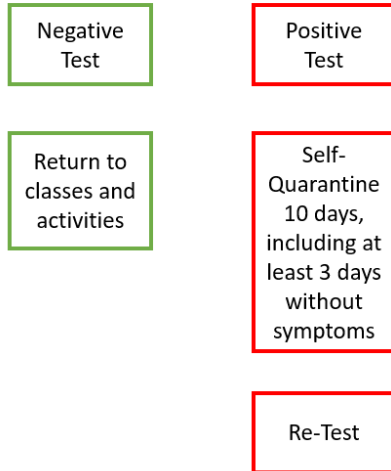
Students with a positive COVID-19 test must self-quarantine for at least 10 days from the initial positive test and 72 hours after the last signs and symptoms of fever, cough, shortness of breath or sore throat and nasal congestion. The student must obtain clearance from a healthcare practitioner to return to face to face activities at UND and the SMHS.

COVID-19 SYMPTOMS:

Students with signs and symptoms of COVID-19 must self-quarantine for at least 10 days from the initial symptoms and 72 hours after the last signs and symptoms of fever, cough, shortness of breath or sore throat and nasal congestion. The student may return earlier if they test negative for COVID-19. The student must obtain clearance from a healthcare practitioner to return to face to face activities at UND and the SMHS.

Signs & Symptoms: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Test Based Strategy



Symptom Based Strategy

