

INTERNAL MEDICINE NEWS

Summer 2020

Vol. 2, No. 2

WELCOME NEW RESIDENTS!

On July 1, 2020, the UND Internal Medicine department welcomed eight new internal medicine residents and eight new transitional year residents. We would like to welcome them all to Fargo and we expect amazing things from these physicians!

Internal Medicine Residents



Shannon Chamberlain
UND School of Medicine
& Health Sciences



Jenna Gassman
A.T. Still University of
Health Sciences,
Kirksville College of
Osteopathic Medicine



Travis Geier
UND School of Medicine
& Health Sciences



Mathew Gerving
UND School of Medicine
& Health Sciences



Jordan Mallery
UND School of Medicine
& Health Sciences



Nathan Marsh
UND School of Medicine
and Health Sciences



Swetha Saladi
Vydehi Institute of
Medical Sciences &
Research Centre,
Bangalore



Alexander Spacek
UND School of Medicine
& Health Sciences

Transitional Year Residents



Tyler Beattie
UND School of Medicine
& Health Sciences
Anesthesiology



Jessie Bjella
Donald & Barbara
Zucker School of
Medicine at
Hofstra/Northwell
*Physical Medicine &
Rehabilitation*



Zachary Hemann
UND School of Medicine
& Health Sciences
Military Medicine



Trevor Huff
Creighton University
School of Medicine
Diagnostic Radiology



Benjamin Kreitz
University of Minnesota
Medical School
Diagnostic Radiology



Anaas Mergoum
UND School of Medicine
& Health Sciences
Dermatology



Dalton Peaslee
University of Washington
School of Medicine
Radiology



Orlin Sergev
University of Wisconsin
School of Medicine and
Public Health
Diagnostic Radiology

NORTH DAKOTA CANCER COALITION COLLABORATION

The North Dakota Cancer Coalition is an organization funded by donations that focuses on not only decreasing cancer deaths in North Dakota, but increasing cancer screening awareness. The coalition includes over 100 individuals from 17 different clinical, health, and cancer-related organizations across North Dakota. They work together using their combined resources to reduce the incidence and impact of cancer across the state.

**North Dakota
Cancer Coalition**

Planning for a cancer-free future.

We are proud to announce that the Department of Internal Medicine has joined the North Dakota Cancer Coalition. We will collaborate with the NDCC to help collect data that they gather, conduct research, present posters, and publish articles. It is our privilege to assist this organization in their mission and look forward to future projects with them.

On behalf of the Department of Internal Medicine, we would like to thank Mallory Koshiol and Shannon Bacon for making this collaboration possible. For more information on the ND Cancer Coalition, go to <https://www.ndcancercoalition.org/>.

2020 INTERNAL MEDICINE RESEARCH SYMPOSIUM

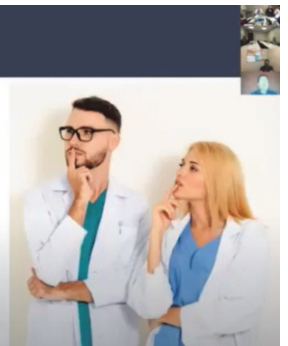
Due to the pandemic and UND policies concerning COVID-19, the 2020 Internal Medicine Research Symposium that had been planned for May 8 was unable to take place. To allow the internal medicine and transitional year residents to complete their research presentation requirement, a virtual symposium was held on May 13 via Zoom for limited viewing. The residents were able to present their research via Powerpoint. We had the honor of having Dr. April Hess, doctor of hospital medicine at Sanford Health, moderate the symposium. We also had the pleasure of welcoming three judges: Dr. Tze Shien Lo, chief of Infectious Disease at the VA Medical Center, Dr. James Beal, associate professor with the UND Department of Family and Community Medicine, and Dr. Sunita Sharma, cardiologist at Sanford Health.

We had nine presentations, six by transitional year residents and three by internal medicine residents. Transitional year residents who presented include Dr. David Anderson, Dr. Jacob Bermudez, Dr. Theodore Betting, Dr. Breann Bower, Dr. Brooke Madson, Dr. David Malyuk, Dr. Lucas Schnaidt, and Dr. Jared Weinand. Three internal medicine residents presented research: PGY-3 Dr. Kayla Estep, PGY-3 Erik Heitkamp, and PGY-2 Stephanie Melquist.



Methods

- A one-hour lecture was administered to a group of eight first year residents instructed by a senior physician that highlighted the Joint Commission's seven criteria approach to writing discharge summaries. Each of the eight first year residents were also provided a random sample of their previously written discharge summaries and were asked to assess their discharge summaries for completeness while considering the Joint Commission's seven criteria approach.
- Importantly our resident education/training was focused on not just informing the resident cohort of the 7 criteria approach but it also allowed each of the residents in the experimental group time to review their own work while discussing with one another the impact that their summaries may have had on ongoing patient care.



After deliberation, the judges chose winners. First place went to Dr. Breann Bower and Dr. Theodore Betting for their presentation "Prostate Cancer Treatment Modality Change Based on Magnetic Resonance/Ultrasound Fusion Targeted Prostate Biopsy Results." Drs. Jacob Bermudez, Brooke Madson, and David Malyuk won second place for their presentation "Improving the Quality of Hospital Discharge Communication by First Year Residents through Direct Didactic, and Self-Reflective Education." Third place was awarded to Dr. Kayla Estep for her presentation "Warfarin versus Direct Oral Anticoagulants Bleed Risk in ESLD Patients: Is there a better age?"

The symposium can be viewed in its entirety at https://drive.google.com/file/d/1rJR7rBgseNnkUQ9q3xaghsQ4MpzhCj_9/view?usp=sharing

RESEARCH AND SCHOLARLY ACTIVITIES

If you are interested in becoming involved in research, or have research ideas but do not know where to start, contact Mikki Eken at mikki.eken@UND.edu. If you have published research or presented a poster or oral presentation please inform Mikki Eken.

NATIONAL CONFERENCES GOING VIRTUAL FOR 2020

Given these uncertain times, several national societies have decided to forgo in-person conferences in lieu of virtual conferences for 2020. Due to the ongoing pandemic, the societies want to secure the safety of their members, while still ensuring that their members have the opportunity to learn and network. Some of these conferences include the Society of Hematologic Oncology's 8th Annual Meeting, the American College of Gastroenterology's 2020 Annual Scientific Meeting, and the American College of Rheumatology's 2020 Annual Meeting.

A few of the virtual meeting made other changes to their conferences to help improve the participant experience. The Infectious Diseases

Society of America's "ID Week 2020" will be a virtual conference with the first day set aside as "Chasing the Sun: 24 hours of COVID-19," featuring Infectious Disease specialists from around the world. The American Society of Nephrology has decided to redesign their "Kidney Week 2020" to be not only virtual, but have an on-demand session that will be recorded for later viewing. The American College of Allergy, Asthma & Immunology will be offering their "ACAAI 2020 Annual Scientific Meeting" free of charge to due paying members, FIT/student members, and retired members.

Links to all the virtual meetings discussed are in the "Important Dates" section below.

FACULTY PUBLICATIONS

Congratulations to the following IM faculty and students who recently published articles.

- Storandt MH, Matta A. Acute Eosinophilic Pneumonia: A Rare Complication of Daptomycin Therapy. *Cureus*. 2020 January 2020.
- Basson MD, Klug MG, Newman WE, Dyke C. Preoperative outpatient blood pressure variability predicts postoperative mortality, readmission and morbidity after surgery. *Am J Surg*. 2020 Feb.
- Khan Suheb MZ, Kouznetsov E, Manchak M, Durrani Q, Drofa A. Vertebral Artery Sacrifice: Novel Strategy in Treatment of Vertebral Artery Loop. *World Neurosurg*. 2020 Feb.
- Storandt M, Thondapi C, Matta A. Diabetic Myonecrosis: An Uncommon Complication of a Common Condition. *Eur J Case Rep Intern Med*. 2020 Feb.
- Routray C, Nwaigwe C. Sternal osteomyelitis secondary to *Aspergillus fumigatus* after cardiothoracic surgery. *Med Mycol Case Rep*. 2020 Mar.
- Junttila TL, Alberto N, Winkels M, Greenwood MD. Successful Reduction of Intraocular Pressure in a Patient with Glaucoma Secondary to Sturge-Weber Syndrome Using a Suprachoroidal Shunt. *J Curr Glaucoma Pract*. 2020 Apr.
- Montgomery AD, Hammer KD, Lo TS. Longitudinal study on the detection of *Clostridioides difficile* at the Fargo Veteran Affairs Community Living Center. *Am J Infect Control*. 2020 Jul.
- Phadke G, Kaushal A, Tolan DR, et al. Osmotic Nephrosis and Acute Kidney Injury Associated With SGLT2 Inhibitor Use: A Case Report. *Am J Kidney Dis*. 2020 Jul.
- Kutti Sridharan G, Kotagiri R, Chandiramani VH, et al. COVID-19 and Avoiding Ibuprofen. How Good Is the Evidence?. *Am J Ther*. 2020 July/Aug.

IMPORTANT DATES

2020

- Sept. 9-12 – 8th Annual SOHO Meeting; Virtual meeting www.soho2020.com
- Sept. 24-25 – SGIM Northwest Regional Meeting; Chicago, IL
- Oct. 16 – North Dakota ACP/SHM Annual Meeting; Fargo, ND
- Oct. 21-25 – ID Week 2020; Virtual conference at www.idweek.org
- Oct. 22-25 – ASN Kidney Week 2020; Virtual meeting sessions at <https://www.asn-online.org/education/kidneyweek/>
- Oct. 23-28 – ACG 2020 Annual Scientific Meeting; Virtual meeting at <https://acgmeetings.gi.org/>
- Nov. 5-9 – ACR 2020 Annual Meeting; Virtual meeting at www.rheumatology.org/annual_meeting
- Nov. 13-15 – ACAAI Annual Scientific Meeting; Virtual meeting at <https://annualmeeting.accai.org/>
- Dec. 5-8 – ASHO Annual Meeting; San Diego, CA
 - Abstract deadline Aug. 4

2021

- March 20-23 – ENDO 2021 Conference; San Diego, CA
- March 20-21 – ACC 70th Annual Scientific Session & Expo; Atlanta, GA
 - Abstracts accepted Aug. 26- Oct. 20, 2020
- April 11-14 – AAIM Academic Internal Medicine Week; Charlotte, SC
- April 21-24 – 2021 SGIM Annual Meeting; Boston, MA
- April 29-May 1 – ACR Internal Medicine Meeting 2021; Orlando, FL
- May 4-7 – SHM Annual Conference; Las Vegas, NV
- May 14-19 – ATS International Conference; San Diego, CA
- June 4-8 – ASCO 2021 Annual Meeting; Chicago, IL

*Dates are subject to change.



QUARTERLY NEWS

- Dr. Jennifer Raum has been named the Internal Medicine Residency Program Director in the UND School of Medicine & Health Sciences Department of Internal Medicine. Dr. Raum received her medical degree from the UND School of Medicine & Health Sciences. She completed residency training at the Georgetown University and served as Chief Resident at the Georgetown University/VA Medical Center in Washington, D.C. She obtained a Master of Business Administration degree from the University of Tennessee at Knoxville. She joined Sanford Health in 2007 and is currently the chief of service for Internal Medicine, medical director of the Internal Medicine Residency Clinic, and a staff physician. She joined the UND Department of Internal Medicine in 2007 and is currently a clinical associate professor of medicine and core faculty member.
- Renee Sluke, administrative officer for the UND School of Medicine & Health Sciences Department of Internal Medicine, retired from UND on June 30. She proudly worked for the Department for 17 years. She will be missed.



- While a few annual meetings have passed or been canceled due to COVID-19, a couple have placed recorded sessions online for viewing, including:
 - 2020 SGIM Annual Meeting, which can be viewed at www.sgim.org
 - SHM Annual Conference, sessions of which will be available to view on Aug. 31 at www.hospitalmedicine.org/event/hm20-virtual/
- Students will be able to return to the University of North Dakota campus on August 3. Please be aware that face covering are required while on UND grounds.

INSTITUTIONAL REVIEW BOARD REMINDER

If you are the principle investigator of the research team, UND IRB approval is mandatory, in addition to the hospital IRB approval. For questions, contact: Michelle Bowles at michelle.bowles@UND.edu or by calling 701.777.4079.