UND School of Medicine & Health Sciences
University of North Dakota

Phase 3 Elective Description

Campus: Grand Forks/Virtual
Elective/Experience Title: New Parent/Caregiver elective
Location of Elective: Virtual
Department: Interdisciplinary
Course Number: MED 9505-03*
Course Prerequisites: N/A

Preceptor(s): Alexis Rudnik, MD; Sadie Schmidt, MD; Bryan Delage, MD/Jennifer Shaw, MD & Kamile Sherman, MD/Bradly Skari, MD

Period(s) Offered:*Note: Students may only take this elective once in the MD curriculum regardless of phase
(Phase 1 MED 9505-01 & Phase 2 MED 9505-02)
Phase 1 Summer elective periods as approved by the Associate Dean for Phase 2/3
Phase 2 as approved by the Associate Dean for Phase 2/3
Phase 3 all periods as approved by the Associate Dean for Phase 2/3

Number of students per period: No limit

Purpose:
This 4-week elective rotation is designed to allow medical students who become new parents (i.e., birth, adoption, or foster) or are in the role of a caregiver to another child or adult (e.g., elder care, long-term care, rehabilitative care, etc), to spend additional time learning from and growing through their experience as a caregiver.

Objectives:

Following successful completion of this elective, the student will be able to:

1. Summarize information about populations of patients and communities from which patients are drawn to improve health care outcomes (Competency 1.9).
2. Choose to provide care which is concordant with the patient's experiences, perspectives and values, and which empowers patients and their families to participate in their care through shared decision making. (Competency 3.9).
3. Generate health education for patients, families, and communities which enables patients to self-manage their care (Competency 4.4)
4. Discriminate patient emotions and choose to communicate with patients regarding their emotions and aid in managing them. (Competency 4.7)
5. Choose to advocate for quality patient care and optimal patient care systems. (Competency 6.4)
6. List potential barriers to the effective coordination of care of patients with multiple health care needs and providers. (Competency 7.1)
7. Choose to use self-awareness of knowledge, skills, and emotional limitations to engage in appropriate help-seeking behaviors. (Competency 8.1)
8. Choose to use healthy coping mechanisms to respond to stress. (Competency 8.2)
9. Choose to manage conflict between personal and professional responsibilities. (Competency 8.3).

Instructional Activities:

During this elective, the student will be involved in/experience:

1. Introductory meeting with preceptor at start of elective
2. Weekly meetings with their preceptor at the end of weeks 1-4
3. Submit weekly reflections regarding the student's experience in their caregiver role and relation to their future career as a physician. Submissions will be at least 250 words in length.
4. Final project during 4th week of the elective: Can be informational/reflective presentation, informational tool for caregivers, educational article for publication or another product of the student's choosing that receives prior approval from their preceptor.

Grading for this elective will be Satisfactory/Unsatisfactory

Criteria for Grading: During and following this elective, the preceptor will:

1. Utilize the standardized UNDSMHS virtual senior elective evaluation form.

2. Evaluate by direct observation the student's ability to summarize information about populations of patients and communities from which patients are drawn to improve health care outcomes (objective 1), and to choose to advocate for quality patient care and optimal patient care systems (objective 5).

3. Evaluate by review of written work the student's ability to choose to provide care which is concordant with the patient's experiences, perspectives and values, and which empowers patients and their families to participate in their care through shared decision making (objective 2), choose to use self-awareness of knowledge, skills, and emotional limitations to engage in appropriate help-seeking behavior (objective 7), use healthy coping mechanisms to respond to stress (objective 8), and manage conflict between personal and professional responsibilities (objective 9) and discriminate patient emotions and choose to communicate with patients regarding their emotions and aid in managing them (objective 4).

4. Evaluate by discussion the student's ability to choose to use self-awareness of knowledge, skills, and emotional limitations to engage in appropriate help-seeking behavior (objective 7), use healthy coping mechanisms to respond to stress (objective 8), and manage conflict between personal and professional responsibilities (objective 8).

5. Evaluate by assessment of final project the student's ability to generate health education materials for patients, families, and communities which enables patients to self-manage their care (objective 3), summarize information about populations of patients and communities from which patients are drawn to improve health care outcomes (objective 1), and to choose to advocate for quality patient care and optimal patient care systems (objective 5), and list potential barriers to the effective coordination of care of patients with multiple health care needs and providers (objective 6).