

## Phase 2/3 Elective Description

**Campus:** ALL (Northeast)

**Department:** Family and Community Medicine

**Elective/Experience Title:** Going Rural Across North Dakota (GRAND) **Course Number:** FMED 9515

**Location of Elective:** Rural North Dakota Clinical Locations (see List)

**Preceptor(s):** multiple – see List

**Course Prerequisites:** Family Medicine Clerkship

**Period(s) Offered:** all

**Revised Curriculum Phase(s):** Phase II/Phase III

**Number of students per period:** 1 per site

**Purpose:** The State of North Dakota has multiple rural opportunities to learn in communities of less than 5000 people. These communities provide teaching about community and rural healthcare that larger communities cannot provide. This elective is meant to give Phase II/Phase III students an opportunity to see the diversity of culture and community that exists in different parts of the state and how the community supports and provides healthcare services in areas considered to be rural or remote. Communities will provide a glimpse of the lives of healthcare professionals and their critical role in communities that rely on them to be their first access to the healthcare system.

**Objectives:** Following successful completion of this elective, the student will be able to:

1. In the context of giving care in a rural setting students will be able to compare and contrast skills necessary to provide frontline care to patients across the spectrum in a rural setting and compare to care given on their primary campus. (*SMHS competencies 2.8, 2.9, 3.8, 3.9, 4.1, 5.5, 6.1, 7.1, 7.4*)
2. In the context of rotating in a rural community students will be able to discuss the cooperation and teamwork needed to care for patients from first contact with EMS to definitive care. (*SMHS COMPETENCIES 3.5, 3.7, 7.2, 7.3, 7.4, 8.5*)
3. In the context of spending time in 2 rural locations, students will be able to identify strengths in communities that allows healthcare delivery to continue for patients close to home. (*SMHS COMPETENCIES 5.1, 5.3, 5.6, 5.9, 6.1, 7.5*)
4. In the context of reflecting on their time in rural communities the student will be able to identify both personal strengths and gaps in their education or training that would help them or hinder them in a rural practice. (*SMHS COMPETENCIES 1.1, 4.2, 5.4, 6.2, 6.4, 7.1, 8.8*)

**Instructional Activities:** During this elective, the student will be involved in/experience:

1. Students will be working in 2 rural communities within the healthcare system, providing supervised patient care with local providers.
2. Students will connect with rural healthcare administrators, community members and volunteers to understand the challenges and strengths of the community. (Review Community Health Needs Assessment)
3. Students will write a reflective essay focusing on their strengths for rural practice, and gaps they feel they need to address in training for future rural practice.
4. Students will participate in a rural healthcare debrief with Family and Community Medicine faculty and experts from the North Dakota Center for Rural Health.

**Criteria for Grading:** During and following this elective, the preceptor will:

1. Utilize the standardized UNDSMHS senior elective evaluation form.
2. Self-Reflection and Focused Debrief participation.

**List of Rural North Dakota Clinical Locations and Preceptors:**

Tioga, ND – Tioga Medical Center

Preceptor: Dr. Robert Rotering

Rugby, ND – Heart of America Medical Center

Preceptor: Dr. Josy Hoff Rue