Elective Description

Campus: Northwest (Minot)  
Elective/Experience Title: Sports Medicine/Musculoskeletal Medicine  
Department: Family Medicine  
Course Number: FMED 9424  
Location of Elective: Trinity Center, West - Minot, ND  
Preceptor(s): Dawn Matter, MD  
Period(s) Offered: All  
Number of students per period: 1

Purpose: To gain knowledge of primary care sports medicine.

Objectives: Following successful completion of this elective, the student will be able to:
1. Gain exposure to primary care sports medicine and musculoskeletal evaluation and treatment.
2. Gain exposure and develop skills in evaluation of musculoskeletal complaints, fracture cre, injections, rehabilitation, and return-to-activity decisions.

Instructional Activities: During this elective, the student will be involved in/experience:
1. Patient care in office and in training rooms at Minot State University and Minot High School;
2. Sporting events coverage;
3. Training room coverage with ATCs;
4. Physical therapy observation;
5. Directed reading
6. Design and present one in-service program to athletic training/physical therapy staff.

Assessment: Determination of competency regarding objectives:
1. Under supervision, the student will be able to appropriately evaluate and manage an injured athlete.
2. Under supervision, the student will be able to appropriately evaluate musculoskeletal patients in the clinic setting.
3. The student will develop appropriate H&P skills for the common musculoskeletal complaints.

Criteria for Grading: During and following this elective, the preceptor will:
1. Utilize the standardized UNDSMHS senior elective evaluation form.
2. Evaluate the student’s in-service presentation to the athletic training/physical therapy staff.
3. By direct observation, judge the student’s ability to perform an appropriate musculoskeletal history and physical examination.
4. By direct observation, judge the student’s ability to appropriately evaluate and manage an injured athlete.
5. Complete and return to the campus dean the evaluation form for senior student clinical performance.
6. Evaluate by direct observation the student’s technical skills as they pertain to student performance of authorized procedures.

Updated December 2014