Elective Description

Campus: Southeast (Fargo)  
Department: Family Medicine

Elective/Experience Title: Sports Medicine/Medical Orthopedics  
Course Number: FMED 9217-01

Location of Elective: Essentia Health – Fargo, ND

Preceptor(s): Daniel K. Ostlie, MD
Period(s) Offered: All
Number of students per period: 1

Purpose: To provide education and experience in the care of patients in an outpatient sports medicine setting.

 Objectives: Following successful completion of this elective, the student will be able to:
1. Evaluate individuals with medical orthopedic or sports related injuries.
2. Evaluate and treat common musculoskeletal problems.
3. Evaluate acute injuries, including triage, emergency care, stabilization, transportation, and definitive diagnosis and care.
5. Recognize and analyze the relationship between physicians, athletic trainers, therapists, and coaches in a sports medicine model.

Instructional Activities: During this elective, the student will be involved in/experience:
1. Patient work-ups at Essentia Health and North Dakota State University.
2. Coverage of seasonal sporting events with preceptor.
3. Directed readings in sports medicine.
4. Observation in the Essentia orthopedic department.
5. Literature review of a selected topic.

Criteria for Grading: During and following this elective, the preceptor will:
1. Evaluate by direct observation the student’s ability to develop a differential diagnosis.
2. Evaluate by direct observation the student’s procedural skills.
3. Complete the standardized UNDSMHS senior elective evaluation form.

Reviewed: January 2019