

## **Child Psychiatry Goals and Objectives**

### **Medical Knowledge**

The resident should be able to:

1. Understand normal and abnormal psychosocial growth and development across the life cycle and be able to apply this knowledge to the care of the individual patient.
2. Recognize and understand the following mental health disorders in the setting of children:
  - a. Disorders principally diagnosed in infancy, childhood or adolescence
  - b. Delirium, dementia, amnesic and other cognitive disorders
  - c. Substance-related disorders
  - d. Schizophrenia and other psychotic disorders
  - e. Mood disorders
  - f. Anxiety disorders
  - g. Somatoform
  - h. Factitious disorders
  - i. Dissociative disorders
  - j. Sexual and gender identity
  - k. Eating disorders
  - l. Sleep disorders
  - m. Impulse control disorders
  - n. Adjustment
  - o. Personality disorders
  - p. Problems related to abuse or neglect
3. Apply knowledge of the following to patient care:
  - a. Basic behavioral knowledge
  - b. Normal, abnormal and variant psychosocial growth and development across the life cycle
  - c. Recognition of interrelationships among biologic, psychological and social factors in all patients
  - d. Reciprocal effects of acute and chronic illnesses on patients.
  - e. Factors that influence adherence to a treatment plan
  - f. Awareness of one's own attitudes and values, which influence effectiveness and satisfaction as a physician
  - g. Ethical issues in medical practice, including informed consent, patient autonomy, confidentiality and quality of life.

### **Patient Care**

The resident should be able to:

1. Give oral and written presentations to attendings in an organized, concise, accurate manner that include differential diagnoses and management plans.
2. Demonstrate principles of patient autonomy, confidentiality, and informed consent.
3. Develop and demonstrate ability to work in an organized, efficient manner in assessing and triaging patients according to urgency.
4. Use laboratory tests appropriately in delivering patient care.

### **Interpersonal Communication Skills**

The resident should be able to:

1. Effectively communicate with attendings and other healthcare members as a team in coordinating comprehensive healthcare.
2. Effectively communicate medical decisions and recommendations to colleagues and patients.
3. Discuss and demonstrate strategies to discuss sensitive subjects with patients.
4. Demonstrate effective, compassionate and empathetic communication with patients and families while considering psychosocial, economic, and cultural issues of care.
5. Demonstrate the ability to effectively interview and evaluate patients for mental health disorders using appropriate techniques and skills to enhance the doctor- patient relationship.

### **Systems-based Practice**

The resident should be able to:

1. Demonstrate effective, compassionate and empathetic communication with patients and families while considering psychosocial, economic, and cultural issues of care.
2. Utilize ancillary services to provide cost-effective and economically appropriate medical treatments.
3. Be able to recognize, initiate treatment for and utilize appropriate referrals for mental health disorders to optimize patient care.

### **Practice-based Learning and Improvement**

The resident should be able to:

1. Appraise and assimilate scientific evidence to guide improvement in patient care.

- 2. Incorporate formative evaluation feedback into daily practice.
- 3. Use information technology to optimize learning.

**Professionalism**

The resident should be able to:

- 1. Present themselves professionally in regards to dress, punctuality, and interactions with patients, families, and all medical care providers.
- 2. Demonstrate compassion, integrity, and respect for others.
- 3. Demonstrate respect for patient privacy and autonomy.
- 4. Apply the principles of medical ethics to decision making.
- 5. Be able to intervene effectively and professionally in emergent psychiatric, domestic violence, child abuse, and disaster situations.

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Resident

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Faculty

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Date