When PDR first opened in 1994, our vision was to become the industry's best provider of treatment for neck and back pain. In our on-going quest to live this vision, we are dedicated to providing our employees the education and mentorship they need to become specialists in the treatment of orthopedic spine conditions.

We are looking for physical therapists that have a desire to be a part of a team that provides exceptional patient care by utilizing the best therapy methods available today. We continually research new therapies and programs to ensure we stay on the cutting-edge of patient care.

If you enjoy being part of a team that puts the patient first and provides outstanding patient care while building lasting friendships with patients and staff alike, PDR is the place for you. PDR was named one of the Top 100 Places To Work by the StarTribune this year.

**Career Benefits and Leadership Opportunities**

- Competitive Salary & 401K
- Starting at 24 days PTO/Holiday (FT)
- Flexible work schedules
- Longevity & Performance bonuses
- Medical Benefits & HSA contribution
- Paid Continuing Education

**Our Neck and Back Pain Treatment Program**

Our therapists have become experts in the use of MedX exercise protocols, which have greatly improved the function of all types of spinal patients. However, we realize that MedX training is only part of the rehabilitation plan of care. We collaborate and design treatment programs that also include manual therapies, stabilization/home exercise instruction, ergonomics, return to work programs, functional retraining, and self-treatment techniques. We have collected outcomes that show excellent results in improved AROM, strength, pain reduction, and most importantly...patient satisfaction.

**Our staff values extensive educational and growth opportunities**

We are dedicated to providing our therapists the education and mentorship that they need to become an expert in our MedX treatment programs. We have done extensive work in creating an ongoing educational curriculum for our therapists that includes additional training in:

- Therapeutic Modalities & Traction
- MedX Testing & Exercise
- Cognitive Behavioral Coaching
- Muscle Release Technique (MRT)
- Strain-Counterstrain
- Muscle Energy Technique (MET)

Our new employee mentorship program teaches therapists how to effectively use MedX protocols and using a proven training program that ensures you are fully equipped to deliver the best care possible to our patients.

Training and education does not stop after PDR's training program. Our entire therapy team participates in ongoing education and training. Our extensive in-house continuing education program includes input and involvement from our therapists to continually refine our protocols and delivery of care to ensure the best possible outcomes for our patients.

**Contact Information**

Jen
952-908-2569
JenniferM@pdrclinics.com

www.PDRClinics.com