Intervention Binders

Task: Upon the completion of each unit in a course, Level I and Level II’s, review for the interventions that were identified, discussed and observed. Either make a copy or put the description of the intervention into a binder.

This binder will be reviewed at each midterm by your advisor.

Role: The purpose is to compile intervention ideas/strategies into one location. We have found that as students prepare for their Level II and subsequent entry level OT practice, having a ‘tool chest’ of interventions to choose from will be a definite asset.

Format: This is really your decision as far as organization. Some suggestions are:

1. Organize by practice area
   - Pediatrics
   - Adolescent Mental Health
   - Adult Mental Health
   - Adult Physical Disabilities

2. Organize by Occupations
   - ADLs
   - IADLs
   - Rest & Sleep
   - Education
   - Work
   - Leisure
   - Social Participation

3. Organize by Performance Skills
   - Motor skills
   - Process Skills
   - Social interaction skills

4. Organize by types of OT Interventions
   - Occupations and Activities
   - Preparatory Methods and Tasks Education and Training
   - Advocacy
   - Group Interventions